



HEALTH CARE
AUTHORITY



MEDICAID FOOD AS MEDICINE PROGRAM

SEPTEMBER 23, 2024

INVESTING FOR TOMORROW, DELIVERING TODAY.

BEFORE WE START...

On behalf of all colleagues at the Health Care Authority, we humbly acknowledge we are on the unceded ancestral lands of the original peoples of the Pueblo, Apache, and Diné past, present, and future.

With gratitude we pay our respects to the land, the people and the communities that contribute to what today is known as the State of New Mexico.



A cloudy morning looking over Santa Cruz Lake
photo by Jessica Gomez



MISSION

We ensure New Mexicans attain their highest level of health by providing whole-person, cost-effective, accessible, and high-quality health care and safety-net services.



HEALTH CARE
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VISION

Every New Mexican has access to affordable health care coverage through a coordinated and seamless health care system.

GOALS



LEVERAGE purchasing power and partnerships to create innovative policies and models of comprehensive health care coverage that improve the health and well-being of New Mexicans and the workforce.



ACHIEVE health equity by addressing poverty, discrimination, and lack of resources, building a New Mexico where everyone thrives.



BUILD the best team in state government by supporting employees' continuous growth and wellness.



IMPLEMENT innovative technology and data-driven decision-making to provide unparalleled, convenient access to services and information.

FOOD AS MEDICINE CONTACTS

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FOOD AS MEDICINE STAKEHOLDER MEETING AGENDA

1. Introductions & purpose of the meeting
2. Quick poll
3. What is the 1115 Waiver approval to meet Health Related Social Needs: Alanna Dancis
4. What is the 1115 Waiver approval to augment the Community Benefit: Tallie Tolen
5. Comments and Q&A
6. Next steps
7. Closing and Request to take our survey



POLLING THE AUDIENCE

1115 WAIVER APPROVAL TO MEET HEALTH RELATED SOCIAL NEEDS

WHAT IS THE 1115 WAIVER?

1115 Demonstration Waivers are contracts that dictate how a state operates its Medicaid program:

- Typically, a 5-year approval cycle.
- Allows states to pursue experimental or pilot demonstration projects that advance the objectives of Medicaid.
- Must be approved by the Centers of Medicare and Medicaid Services (CMS), our federal partners.
- Requires implementation and operational plans, third-party evaluations.

What's New in New Mexico's 1115 Waiver?

- CMS released a framework to allow states to pursue programs that address Health Related Social Needs (HRSN) with Medicaid covered services.
- New Mexico received approval for the Food as Medicine demonstration in July 2024.



FOOD AS MEDICINE FOR PREGNANT MEMBERS

- Part of the **Health Related Social Needs** CMS framework
 - Diagnostic criteria: **pregnant members with diabetes (type 1, type 2, gestational)**
 - Covered Food as Medicine benefits: Home delivered meals, pantry stocking, and nutrition prescriptions
 - Covered capacity investments: infrastructure investments (e.g., technology, billing support, workforce expansion) to support readiness to implement Food as Medicine
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- **All options are subject to state budget availability, approved 1 year at a time.**



FOOD AS MEDICINE FOR PREGNANT MEMBERS

MAJOR DECISIONS

ELIGIBILITY	All pregnant members who have diabetes (which includes Type 1, Type 2, and gestational diabetes)
UTILIZATION	<p>Full duration of pregnancy plus two months post-partum (11 months total). Modeling assumes member uptake of 60%.</p> <p>Note that gestational diabetes coverage is expected to represent approximately 5-6 months rather than the full 11 months based on timing of diagnosis.</p>
QUANTITY	Three meals per day. Due to budget constraints, this will not include an adjustment for household size.
RATES	Rates and methodology to be developed for submission and approval by CMS ahead of implementation.



1115 WAIVER APPROVAL TO ADD HOME
DELIVERED MEALS UNDER COMMUNITY BENEFIT
PROGRAM

COMMUNITY BENEFIT PROGRAM

Community Benefit is the Home and Community Based (HCBS) Long-Term Care program:

- Provides services in-home or in the community so that members remain in their homes or community and out of nursing facilities
- Uses two delivery models: Agency-Based (ABCB) or Self-Directed (SDCB)

	AGENCY-BASED COMMUNITY BENEFIT	SELF-DIRECTED COMMUNITY BENEFIT
ENROLLED MEMBERS	23,927	2,023
BENEFIT PROVIDED	HCBS services provided by a home health agency, member works with their MCO to select an agency and other Medicaid enrolled and MCO contracted providers.	Member or their representative hires caregivers and use vendors for services. In this model, there is more responsibility for the member/representative as the employer.

<https://www.hca.nm.gov/community-benefit-program/>



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Investing for tomorrow, delivering today.

COMMUNITY BENEFIT HOME DELIVERED MEALS

- 1115 Waiver approval includes up to **two home delivered meals per day** for CB members
- Plan to implement benefit for Agency-Based CB members in July 2025
- May phase-in for Self-Directed CB members

	AGENCY-BASED COMMUNITY BENEFIT	SELF-DIRECTED COMMUNITY BENEFIT
ENROLLED MEMBERS	Available to all ABCB-enrolled members based on functional needs, including the need for assistance with meals and food preparation in order for a member to remain safely in their home	Potential to phase in benefits for SDCB-enrolled members with a functional need
BENEFIT	Will provide up to 2 home delivered meals per day for CB members	Potential to phase-in based on budget availability



NEXT STEPS

FOR HCA

- Gather stakeholder feedback and write infrastructure protocol, due to CMS 10/23.
- HRSN Maintenance of Effort plan due to CMS 10/23
- HSRN Implementation Plan due to CMS 4/25/25

FOR YOU

- Take our survey to inform the program design
- Volunteer on a workgroup to draft the program design
- Attend the Food Is Medicine Summit, Nov. 12 (see next slide)



FOOD IS MEDICINE SUMMIT

Tues., Nov. 12, 7:30 a.m. – 4 p.m.
The Drury Hotel, Santa Fe

Register Here:

whova.com/portal/registration/fimc_202411/



Scan the QR code with your phone!

SAVE THE DATE & REGISTER NOW!



food is medicine
NEW MEXICO SUMMIT 2024
Local Solutions for Healthy Communities

Tuesday, November 12
7:30 am – 4:00 pm
- Registration opens at 7:30 am
- Opening speaker at 8:00 am
- Includes light breakfast & lunch
The Drury Hotel, Santa Fe

Explore opportunities for expanding locally led Food Is Medicine (FIM) programs with nationally recognized experts in the field, lawmakers, healthcare partners, and community-based organizations. This one-day event will lay the groundwork for sustainable solutions as we build networks, exchange ideas, and plan for a healthier New Mexico.

Discussion Topics

- Leveraging Medicaid for Health and Community Food Systems Integration
- Food is Medicine: An Evidence-Based Path Toward Health Equity
- Leveraging Local Agriculture to Improve Health Outcomes
- FIM Initiatives in Tribal Communities

This in-person event is FREE and is by invitation only.
Space is limited. Click [here](#) to register now!

A Public-Private Partnership hosted by:




Office of the Governor
MICHELLE LUJAN GRISHAM

With support from:







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now, delivering today.

COMMENTS AND QUESTIONS

DISCUSSION PROMPTS

- How do we streamline the vendor process to serve both populations?
- How would you use infrastructure funding to support the program?
- As a vendor, are you willing to become a Medicaid-enrolled provider?
- What resources are you aware of today to provide food for pregnant individuals?
- What barriers in this space do you see that Medicaid should consider as we build the program?
- Based on the populations you serve, how do you suggest we find and communicate with eligible Medicaid members?
- How do people find your services today? What are your main referral sources?
- As a provider, when you screen for services, do you use a standardized form or do you use a screening tool that is unique to you?



THANK YOU