

## CENTENNIAL CARE COMMUNITY BENEFITS MEMBER AGREEMENT

### THE CENTENNIAL CARE COMMUNITY BENEFIT:

The Community Benefit offers services for members who qualify for nursing facility services but want to live at home. This program is an alternative option to placement in a nursing facility. The Community Benefit is not available for 24-hour care. This benefit supplements your natural supports. Centennial Care Managed Care Organizations (MCOs) provide the Community Benefit based on your needs and available services. Eligible Centennial Care members have the option of selecting the Agency-Based Community Benefit or the Self-Directed Community Benefit.

### AGENCY-BASED COMMUNITY BENEFIT

The Agency-Based Community Benefit is delivered by providers who are contracted with your MCO. With the help of your care coordinator, you will develop a care plan. Your care coordinator will coordinate and manage your services based on your needs.

### AGENCY-BASED SERVICES

1. **Adult Day Health** – Day programs in the community where you can enjoy activities such as making art, exercising, or visiting with others.
2. **Assisted Living Services** – Residential service in a home-like setting that offers individualized services to meet your needs.
3. **Behavior Support Consultation** – Training and supports for individuals who are caring for members with special needs.
4. **Community Transition Services** – One time set-up expenses for adults who are going from a nursing facility to a living arrangement in the community where they are responsible for their own expenses.
5. **Emergency Response Services** – An electronic device that will help you to get help in an emergency.
6. **Employment Supports** – Help with job training or finding a job.
7. **Environmental Modifications** – Changes to your home to help you with safety and independence.
8. **Home Health Aide** – A trained provider helps you with your activities daily living, including bathing, dressing, cooking, and shopping.

9. **Nutritional Counseling** - Eating plans and support for health conditions such as diabetes, undernutrition, cardiovascular health, etc.
10. **Personal Care Services** – Helps you with your activities of daily living including bathing, dressing, cooking, and shopping. You may choose the consumer delegated or consumer directed model. A family member may be able to provide this service.
11. **Private Duty Nursing for Adults** - Health-related services provided by an RN or LPN.
12. **Respite/Nursing Respite** - Gives the main caregiver a break to reduce stress in case of illness or a family emergency.
13. **Skilled Maintenance Therapies** - Occupational Therapy (OT), Physical Therapy (PT), and Speech and Language Therapy (SLT) for adults (21 and older).

#### SELF-DIRECTED COMMUNITY BENEFIT

Members have more responsibilities under this option. You will have a care coordinator and choose a support broker to help with self-direction. With help from your support broker, you will create a care plan. You are responsible for managing your care plan and budget. Your support broker will also help you manage your care plan and budget to meet your needs identified by your care coordinator.

You get to choose the people who provide your services. You will become the employer of record of your providers or you may ask another qualified person to be the employer of record. The employer of record is responsible for meeting all requirements as any employer in any business and can be held liable for failure to meet those requirements.

#### SELF-DIRECTED SERVICES

1. **Behavior Support Consultation** – Training and supports for individuals who are caring for members with special needs.
2. **Customized Community Supports** – Day programs in the community where you can enjoy activities such as making art, exercising, or visiting with others.
3. **Emergency Response Services** – An electronic device that will help you to get help in an emergency.
4. **Employment Supports** – Assists you with job training or finding a job.
5. **Environmental Modifications** – Changes to your home to help you with safety and independence.



6. **Home Health Aide** – A trained provider helps you with your activities of daily living including bathing, dressing, and eating.
7. **Nutritional Counseling** - Eating plans and support for health conditions such as diabetes, undernutrition, cardiovascular health, etc.
8. **Private Duty Nursing for Adults** - Health-related services provided by an RN or LPN.
9. **Related Goods** - Services, goods, and equipment that help you to remain in the community.
10. **Respite** - Gives the main caregiver a break to reduce stress in case of illness or a family emergency.
11. **Self-Directed Personal Care**- Helps you with your activities of daily living including bathing, dressing, cooking, and shopping. A family member may be able to provide this service.
12. **Skilled Maintenance Therapies** - Occupational Therapy (OT), Physical Therapy (PT), and Speech and Language Therapy (SLT) for adults (21 and older).
13. **Specialized Therapies** - Acupuncture, Biofeedback, Chiropractic, Cognitive Rehab Therapy, Hypnotherapy, Massage Therapy, Naprapathy, and Native American Healing.
14. **Transportation (Non-Medical)** - Takes you to and from local community services, activities, and resources.

MEMBER AGREEMENT

What are the identified risks based upon the Community Benefits Supplemental Questionnaire (CBSQ)?

**Comments:**

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SIGNATURES

- **Acknowledgement:** Member and/or Member’s guardian understand the Community Benefits reviewed and discussed and accepts the risks if Community Benefits are refused.
- I understand that review of these services is not a guarantee that I will receive any of these services. The Health Plan will review my Comprehensive Needs Assessment to determine eligible services.

**Member’s Signature / Date:** \_\_\_\_\_

Member’s Guardian’s Signature / Date: \_\_\_\_\_

Care Coordinator’s Signature / Date: \_\_\_\_\_