

Need a boost to your food budget?

You may be eligible for SNAP!



The Supplemental Nutrition Assistance Program (SNAP) provides monthly benefits to individuals and families to buy healthy food at grocery stores, farmers markets, and other locations. SNAP helps New Mexicans stretch their food budget and brings federal dollars into New Mexico’s local economy!

SNAP helps households:

- 🍎 Buy more food at the grocery store;
- 🍎 Purchase a healthier variety of food options, such as fruits, vegetables, and whole grains; &
- 🍎 Frees up money for other critical needs like rent, healthcare, and utilities

Am I eligible for SNAP?*

Household Size	Your Monthly Income (Before Taxes)	Highest Possible Monthly Benefit Amount**
1	\$2,510	\$292
2	\$3,408	\$536
3	\$4,304	\$768
4	\$5,200	\$975
5	\$6,098	\$1,158
6	\$6,994	\$1,390
7	\$7,890	\$1,536
+ Each Person	\$898	\$220

**You may qualify if your household meets the above income guidelines—other eligibility requirements may apply.*

***Actual benefit amounts depend on various factors such as household size, income, and expenses.*

Apply for SNAP:



Scan code with phone camera to apply online



yes.nm.gov



800-283-4465



Mail or Fax Application

Get a paper application: yes.nm.gov/nmhr/s/yesnm-how-to-apply?



ISD Field Office

Find an office near you: www.hca.nm.gov/lookingforassistance/field_offices_1



Get Help Applying!

HCA works with community partners who can assist with the application process!*** Learn more here: www.hca.nm.gov/snap-outreach

***In-person/over-the-phone options vary by partner



Supplemental Nutrition Assistance Program (SNAP) Nondiscrimination Statement:

In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color, national origin, sex (including gender identity and sexual orientation), religious creed, disability, age, political beliefs, or reprisal or retaliation for prior civil rights activity.

Program information may be made available in languages other than English. Persons with disabilities who require alternative means of communication to obtain program information (e.g., Braille, large print, audiotope, American Sign Language), should contact the agency (state or local) where they applied for benefits. Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339.

To file a program discrimination complaint, a Complainant should complete a Form AD-3027, USDA Program Discrimination Complaint Form which can be obtained online at: <https://www.usda.gov/sites/default/files/documents/ad-3027.pdf>, from any USDA office, by calling (866) 632-9992, or by writing a letter addressed to USDA. The letter must contain the complainant's name, address, telephone number, and a written description of the alleged discriminatory action in sufficient detail to inform the Assistant Secretary for Civil Rights (ASCR) about the nature and date of an alleged civil rights violation. The completed AD-3027 form or letter must be submitted to:

- 1. mail:**
Food and Nutrition Service, USDA
1320 Braddock Place, Room 334
Alexandria, VA 22314; or
- 2. fax:**
(833) 256-1665 or (202) 690-7442; or
- 3. email:**
FNSCIVILRIGHTSCOMPLAINTS@usda.gov

This institution is an equal opportunity provider.