

# New Mexico Medicaid: Value Based Purchasing and Nursing Facilities

David Scrase, Tracy Smith, and Erica Archuleta

Medicaid Advisory Committee

November 5, 2018

### Agenda

- Hepatitis C follow-up from MAC meeting on November 17, 2015
- Population changes in New Mexico (why is this topic so important?)
- Brief overview of value based purchasing (VBP) in the United States
- VPB in New Mexico Medicaid
- Nursing Facility-specific VBP in other states (Texas, California)
- Project ECHO
- Nursing Facility Quality Improvement and Hospitalization Avoidance (QIHA)
   Program in New Mexico (2018 Pilot and 2019-2023 VBP Program)
- Conclusions: what we have learned so far







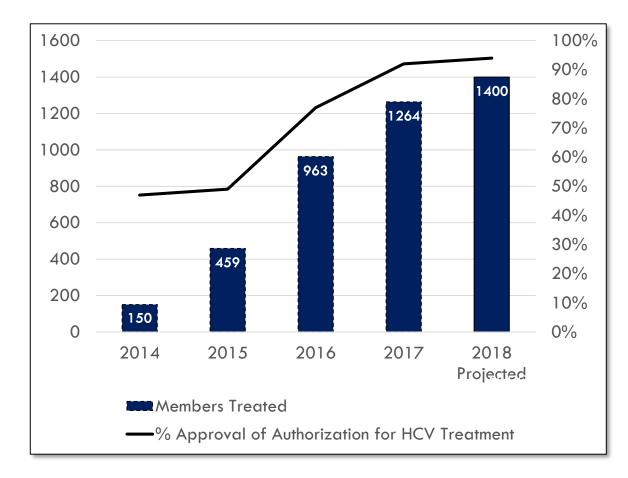
#### Follow-Up on Hepatitis C

#### Hepatitis C in the New Mexico Centennial Care Population: A Plan of Action

Nancy Smith-Leslie David Scrase, M.D.

November 17, 2015







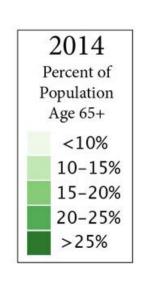


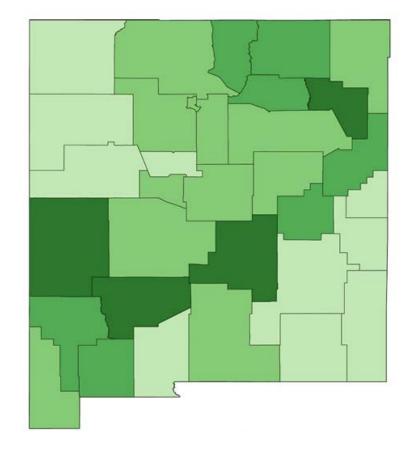


# Population Changes in New Mexico (why is this topic so important?)

#### **New Mexico Population Data Sources**

- UNM BBER Population Data: 1900-2010
- UNM Geospatial and Population Studies (GPS): 2020-2040, Robert Rhatigan
- West LA, Cole S, Goodkind D, He W.
   65+ in the United States: 2010. US
   Bureau of Census. 2014.





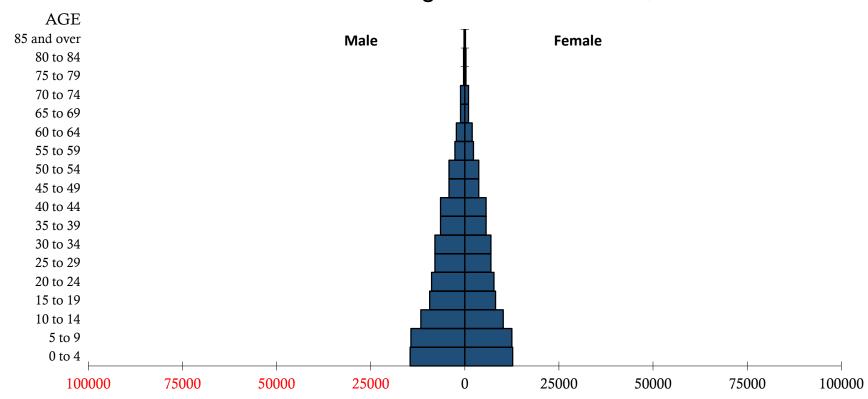






http://bber.unm.edu/visualizations/migrated/census/cenhist.htm

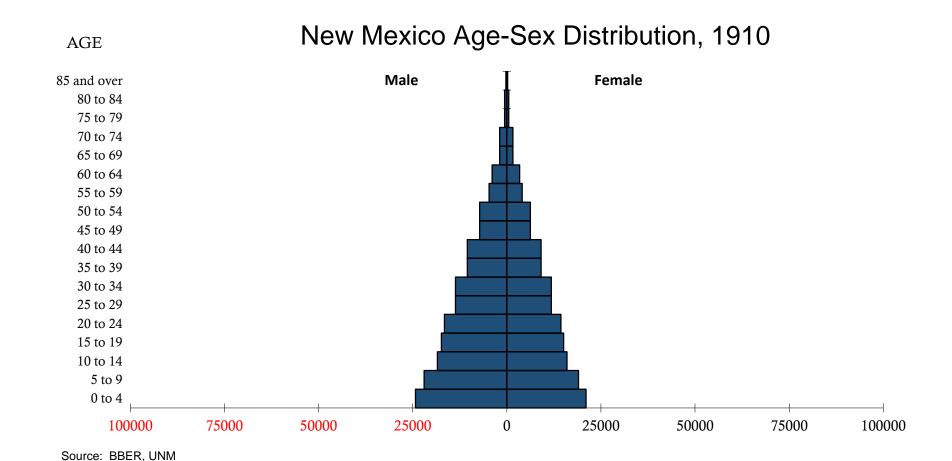
#### New Mexico Age-Sex Distribution, 1900







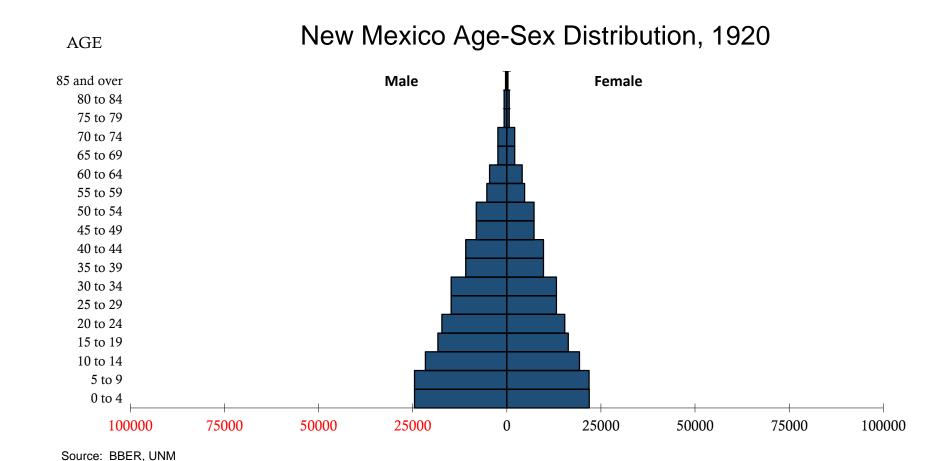








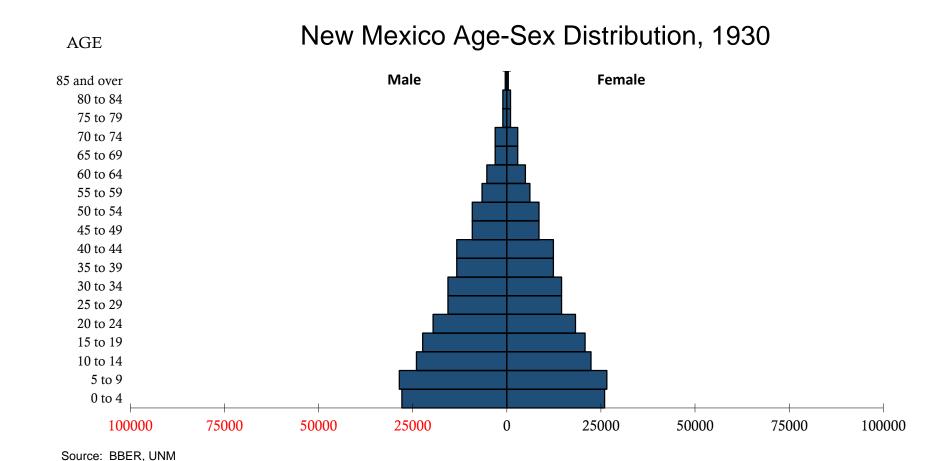








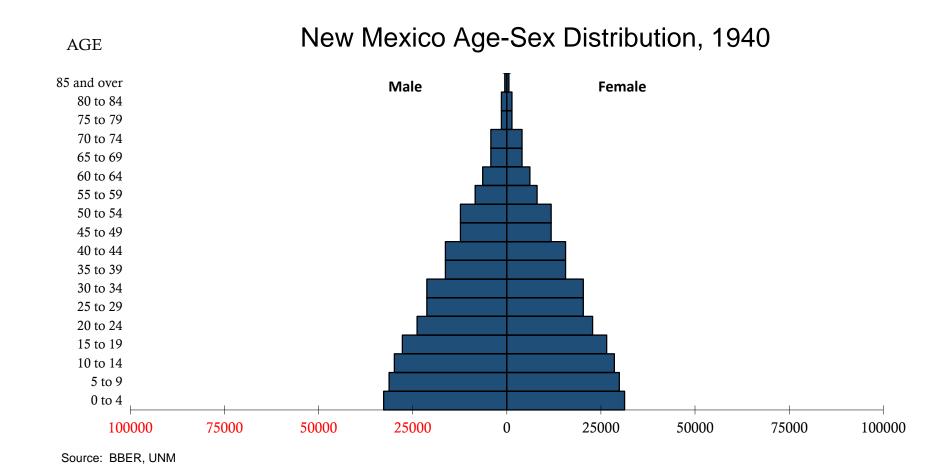












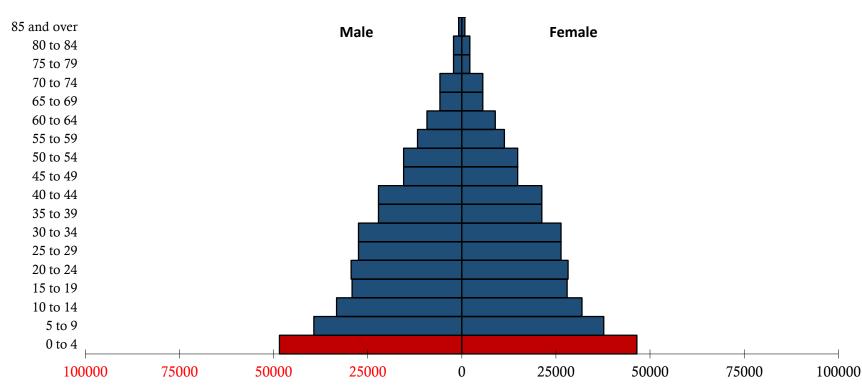






http://bber.unm.edu/visualizations/migrated/census/cenhist.htm





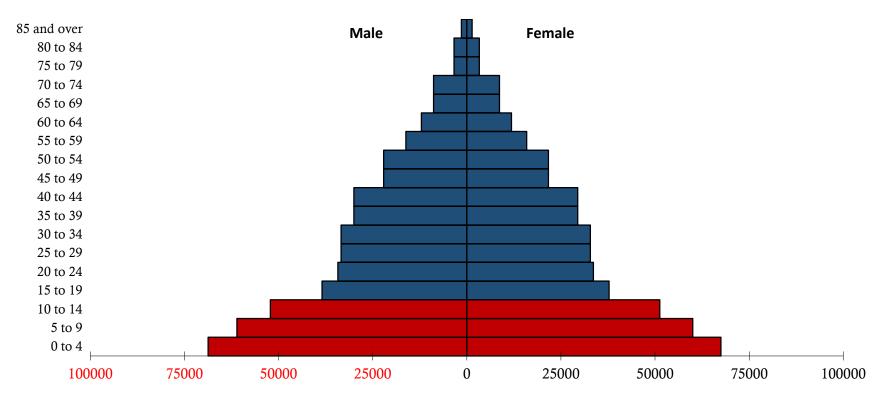






http://bber.unm.edu/visualizations/migrated/census/cenhist.htm

New Mexico Age-Sex Distribution, 1960 (Baby Boomers: 0-14)



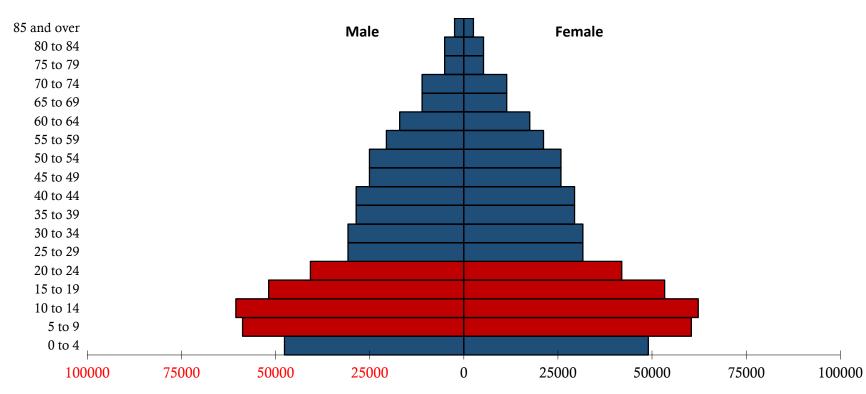






http://bber.unm.edu/visualizations/migrated/census/cenhist.htm



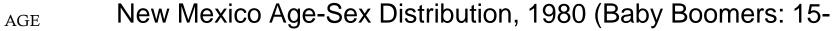


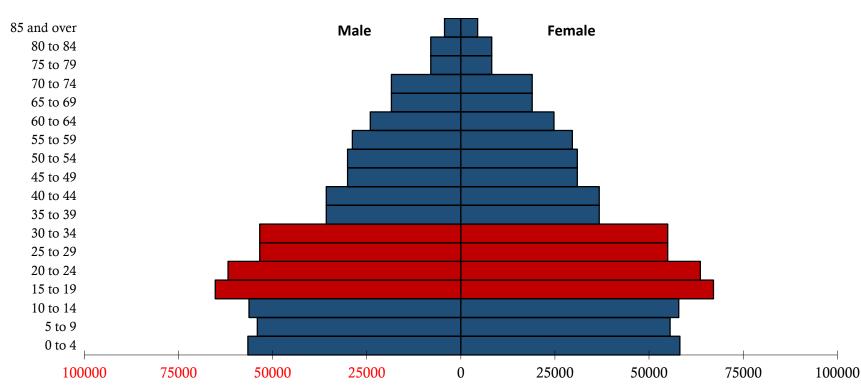






http://bber.unm.edu/visualizations/migrated/census/cenhist.htm





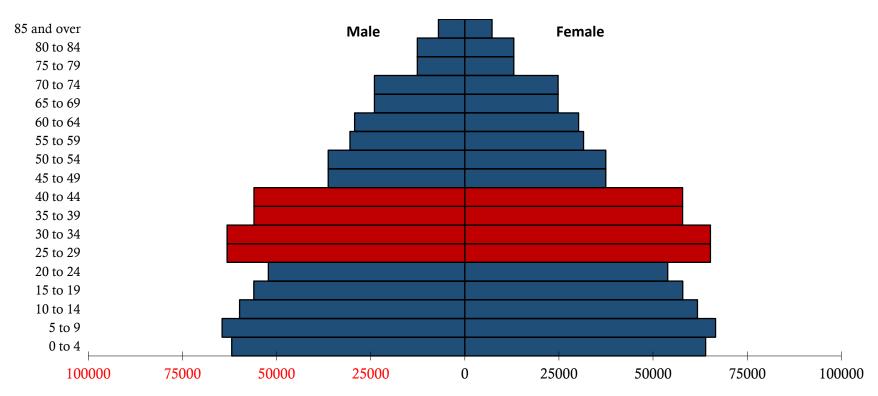






http://bber.unm.edu/visualizations/migrated/census/cenhist.htm

New Mexico Age-Sex Distribution, 1990 (Baby Boomers: 25-44)



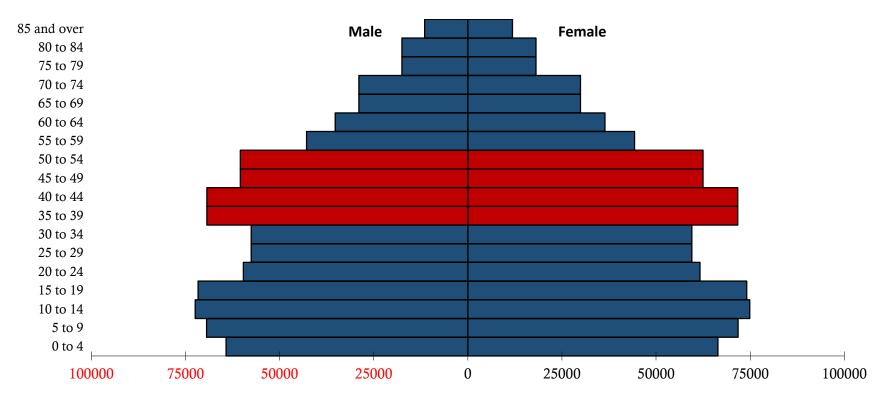






http://bber.unm.edu/visualizations/migrated/census/cenhist.htm

AGE New Mexico Age-Sex Distribution, 2000 (Baby Boomers: 35-54)



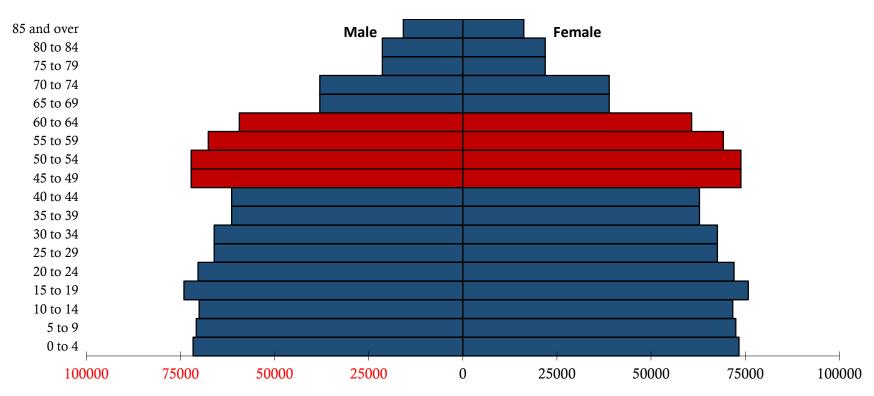






http://bber.unm.edu/visualizations/migrated/census/cenhist.htm

AGE New Mexico Age-Sex Distribution, 2010 (Baby Boomers: 45-64)





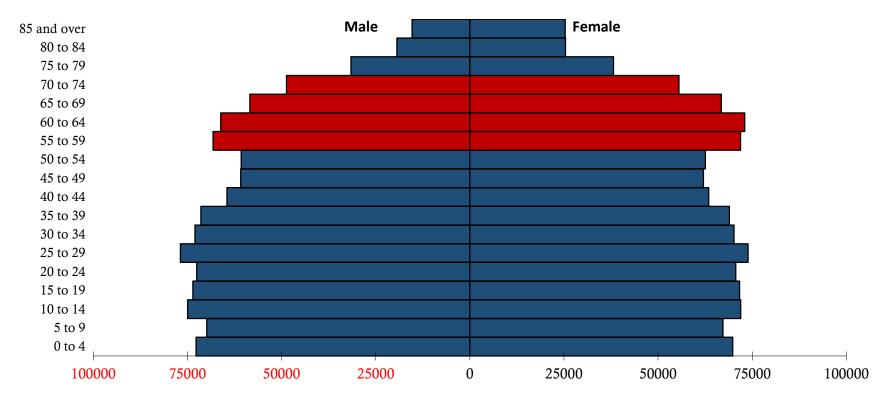




## Robert Rhatigan, UNM Geospatial and Population Studies, Population Projections 2020

http://gps.unm.edu/data/Population%20Projections.html

AGE New Mexico Age-Sex Distribution, 2020 (Baby Boomers: 55-74)





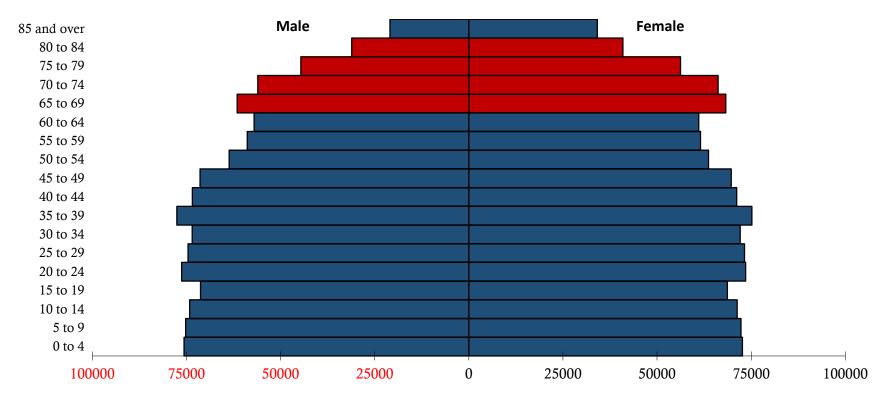




## Robert Rhatigan, UNM Geospatial and Population Studies, Population Projections 2030

http://gps.unm.edu/data/Population%20Projections.html

AGE New Mexico Age-Sex Distribution, 2030 (Baby Boomers: 65-84)





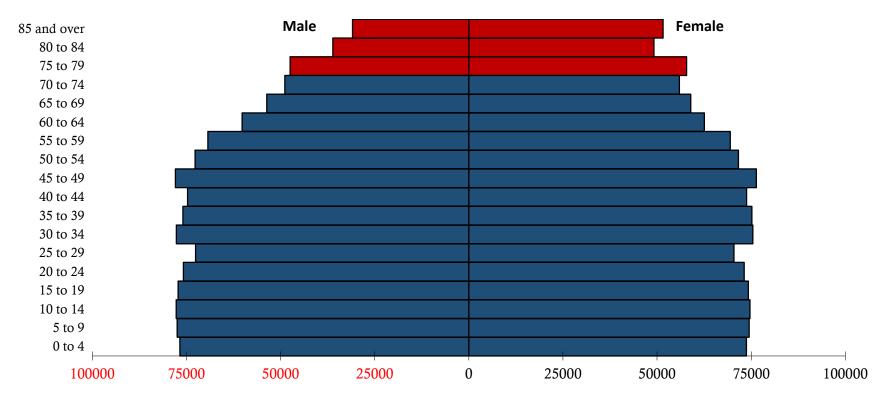




## Robert Rhatigan, UNM Geospatial and Population Studies, Population Projections 2040

http://gps.unm.edu/data/Population%20Projections.html

New Mexico Age-Sex Distribution, 2040 (Baby Boomers: 75-94)

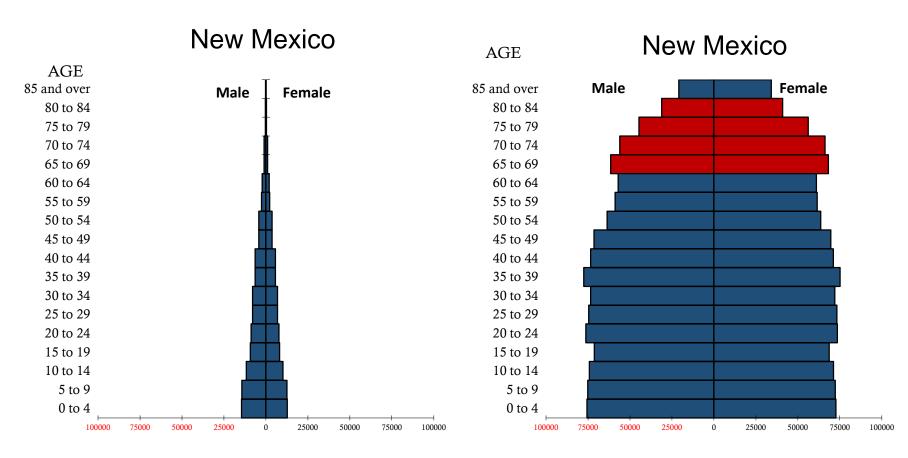








#### NM Population 1900 and 2030



Source: BBER, UNM Source: GPS, UNM



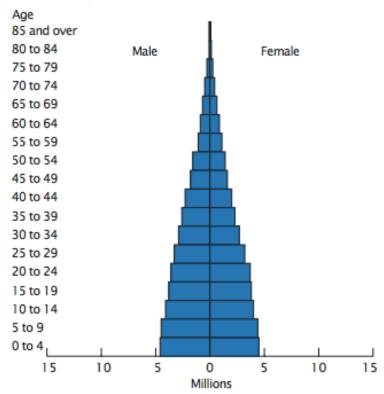




#### World, US and NM Population Data:1900

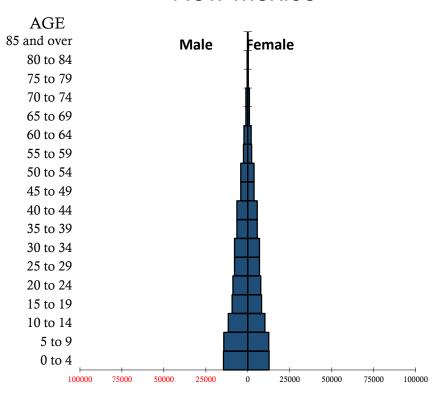
Figure 1-5.
Population by Age and Sex: 1900

(For information on confidentiality protection, nonsampling error, and definitions, see www.census.gov/prod/cen2010/doc/sf1.pdf)



Source: U.S. Bureau of the Census, 1983; 1900 Census.

#### **New Mexico**





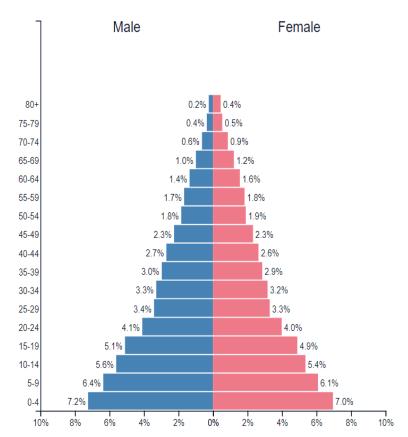


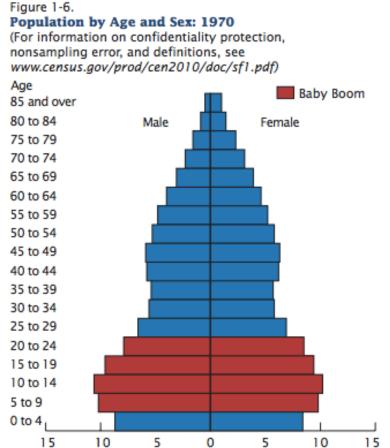


#### World, US and NM Population Data: 1970

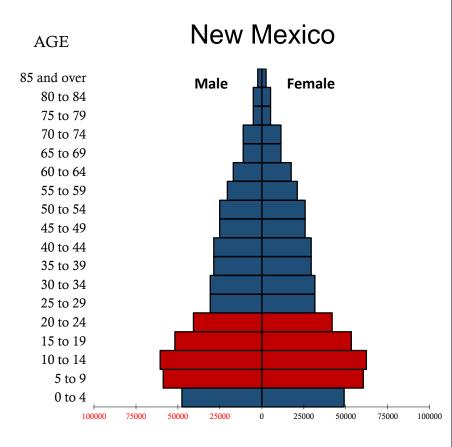
WORLD ▼ 1970

Population: 3,682,487,691





Millions











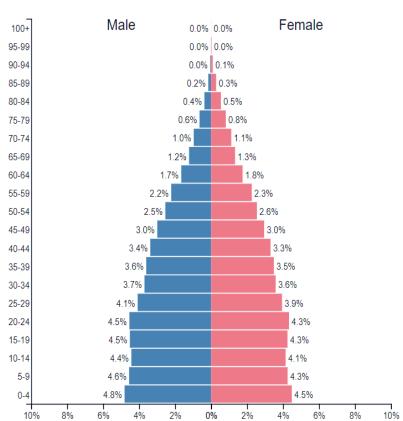


#### World, US and NM Population Data: 2010

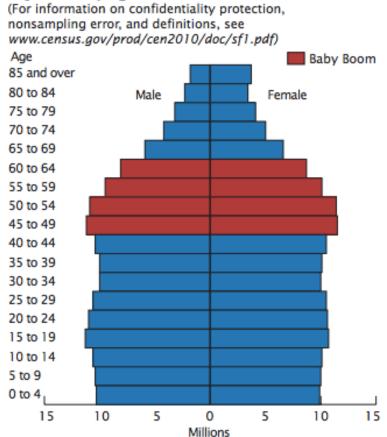
WORLD ▼

2010

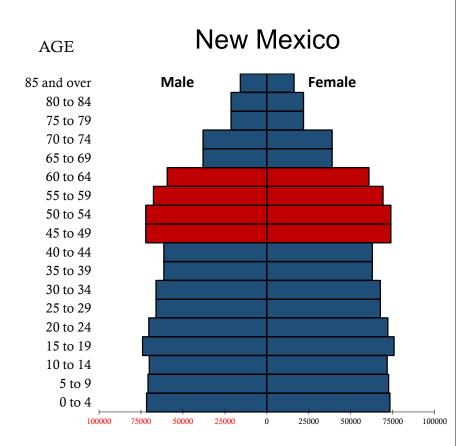
Population: 6,929,725,043







Source: U.S. Census Bureau, 2011; 2010 Census.









#### World, US and NM Population Projections: 2030

WORLD ▼

2030

Population: 8,500,766,052

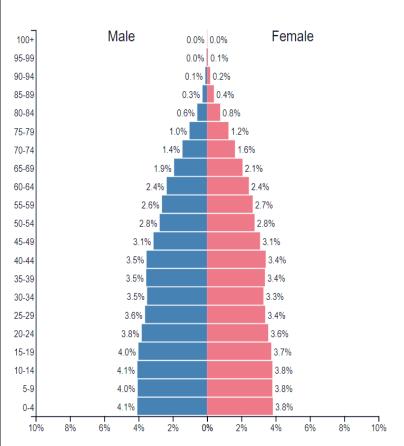
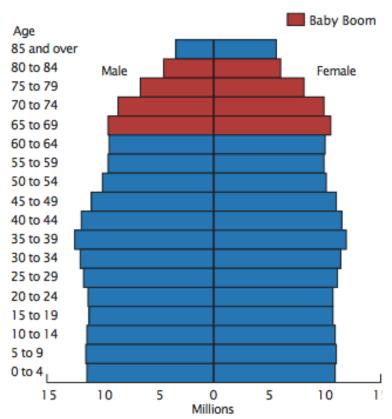
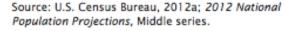
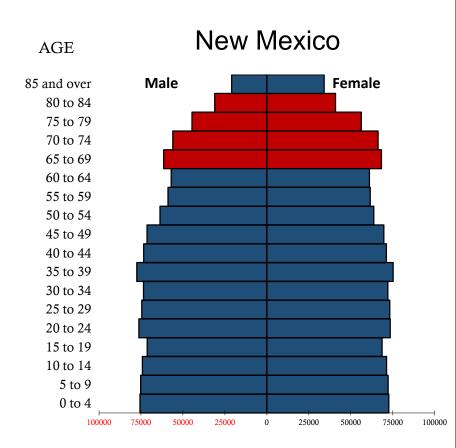


Figure 1-8.
Population by Age and Sex: 2030









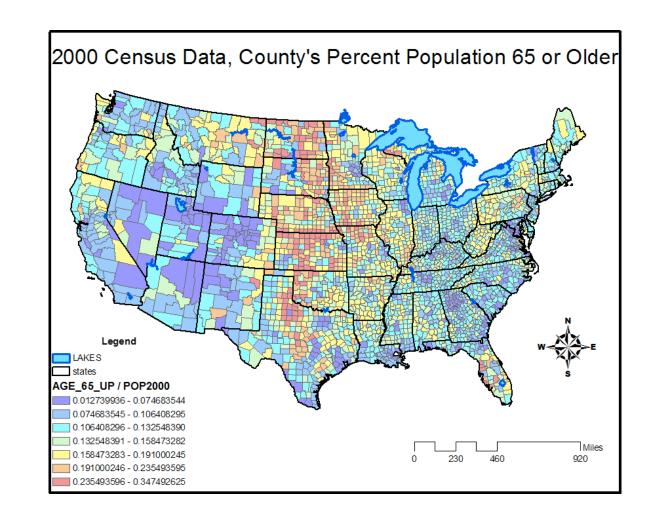




# In 2000, New Mexico ranked 39<sup>th</sup> among states in the percent of population ≥ 65. Where do you think we will rank in 2030?



- 14<sup>th</sup>
- 24<sup>th</sup>
- 34<sup>th</sup>
- 44<sup>th</sup>









#### Ranking of States by projected population age 65 and over: 2000, 2010, and 2030

"Older Americans—A Diverse and Growing Population." Growing Old in America. Barbara Wexler. 2008.

http://ic.galegroup.com/ic/ovic/ReferenceDetailsPage/DocumentToolsPortletWindow? displayGroupName=Reference&jsid=39089e482c48b82edbb 8752954d5c460&action=2&catId=&documentId=GALE%7CEJ3011870101&u=tel s tsla&zid=a8b62bf67a1e49125e7d00fb3ad9b66d last accessed 1/24/2016

2000 state	2000 percent	2000 rank	2010 state	2010 percent	2010 rank	2030 state	2030 percent	2030 rank
United States	12.4	(x)	United States	13.0	(x)	United States	19.7	(x)
Florida	17.6	1	Florida	17.8	1	Florida	27.1	1
Pennsylvania	15.6	2	West Virginia	16.0	2	Maine	26.5	2
West Virginia	15.3	3	Maine	15.6	3	Winterina	26.5	9
lowa	14.9	4	Pennsylvania	15.5	4	New Mexico	26.4	- 4
North Dakota	14.7	5	North Dakota	15.3	5	Woodana	25.0	- 5
Rhode Island	14.5	6	Montana	15.0	6	North Dakota	25.1	6
Maine	14.4	7	lowa	14.9	7	West Virginia	24.8	7
South Dakota	14.3	8	South Dakota	14.6	8	Vermont	24.4	8
Arkansas	14.0	9	Connecticut	14.4	9	Delaware	23.5	9
Correcticut	13.8	10	Arkansas	14.3	10	South Dakota	23.1	10
Nebraska	13.6	11	Vermont	14.3	11	Pennsylvania	22.6	11
Massachusetts	13.5	12	Hawaii	14.3	12	lowa	22.4	12
Missouri	13.5	13	Delaware	14.1	13	Hawaii	22.3	13
11.75		14			14			14
Montana	13.4	2.5	Alabama Rhoda Island	14.1	16	Arizona South Counting	22.1	
Ohio	13.3	15				South Carolina	22.0	15
Hawaii	13.3	16	New Mexico	14.1	16	Connecticut	21.5	16
Kansas	13.3	17	wyoming	14.0	- 1/	New Hampshire	21,4	17
New Jersey	13.2	18	Arizona	13.9	18	Rhode Island	21.4	18
Cklahoma	13.2	19	Missouri	13.9	19	Wisconsin	21,3	19
Wisconsin	13.1	20	Okiahoma	13.8	50	Alabama	21,3	20
Alabama	13.0	21	Nebraska	13.8	21	Massachusetts	20.9	21
Arizona	13.0	22	Onio	13.7	22	Nebraska	20.6	22
Delaware	13.0	23	Massachusetts	13.7	23	Mississippi	20.5	23
New York	12.9	24	New Jersey	13.7	24	Ohio	20.4	24
Oregon	12.8	25	New York	13.6	25	Arkansas	20.3	25
Vermont	12.7	26	South Carolina	13.6	26	Missouri	20.2	26
Kentucky	12.5	27	Wisconsin	13.5	27	Kansas	20.2	27
Indiana	12.4	28	Kansas	13.4	28	New York	20.1	28
Tennessee	12.4	29	Tennessee	13.3	29	New Jersey	20.0	29
Michigan	12.3	30	Kentucky	13.1	30	Kentucky	19.8	30
District of Columbia	12.2	31	Oregon	13.0	31	Louisiana	19.7	31
South Carolina	12.1	32	Michigan	12.8	32	Michigan	19.5	32
Minnesota	12.1	33	Mississippi	12.8	33	Oklahoma	19.4	33
Illinois	12.1	34	Indiana	12.7	34	Tennessee	19.2	34
Mississippi	12.1	35	Louisiana	12.6	35	Minnesota	18.9	35
North Carolina	12.0	36	New Hampshire	12.6	36	Virginia	18.8	36
New Hampshire	12.0	37	North Carolina	12.4	37	Nevarda	18.6	37
Whomise	11.7	50	Virginia	12.4	38	Idaho	18.3	38
New Mexico	11.7	39	Ilinois	12.4	39	Onegon	18.2	39
COURSES	11.6	40	Minnesota	12.4	40	Washington	18.1	40
Maryland	11.3	41	Nevada	12.3	41	Indiana	18.1	41
				12.3				42
Idaho	11.3	42	Washington		42	Minois	18.0	
Washington	11.2	43	Maryland	12.2	43	California	17.8	43
Virginia	11.2	44	ldaho	12.0	44	North Carolina	17.8	44
Nevada	11.0	45	California	11.5	45	Maryland	17.6	45
California	10.6	46	District of Columbia	11.5	46	Colorado	16.5	46
Texas	9.9	47	Colorado	10.7	47	Georgia	15.9	47
Colorado	9.7	48	Texas	10.5	48	Texas	15.6	48
Georgia	9.6	49	Georgia	10.2	49	Alaska	14.7	49
Utah	8.5	50	Utah	9.0	50	District of Columbia	13.4	50
Alaska	5.7	51	Alaska	8.1	51	Utah	13.2	51







## Important Differences in Health Services Use Rates in Older Population Demographics

- Use rates for all adult healthcare services are higher for those > 64
  - Use rates for ages 65-84 are 2.0 to 3.5 times use rates of those <65 (weighted average  $\sim 3x$ )
  - Use rates for ages 85 and above are 3.5 to 11.5 times use rates of those <65 (weighted average  $\sim 6x$ )
- The aggregate impact of population growth and use rates will require NM to expand virtually all categories of healthcare services, by 30 to 45 percent, between 2010 and the year 2030
- Nursing home use in NM could <u>double</u>





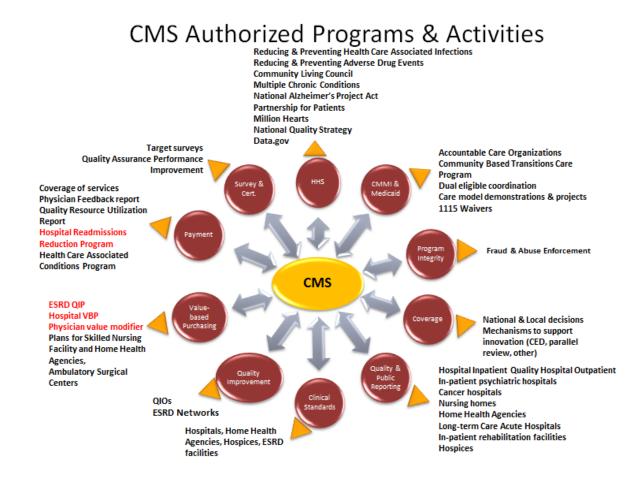




# Brief Overview of Value Based Purchasing (VBP) in the United States

### History

- In 1983, the federal government implemented DRGs, the first VBP program, which:
  - Stopped paying per diem rates
  - Started paying a fixed fee for hospitalizations by diagnosis
- CMS has been a consistent leader in program development since then





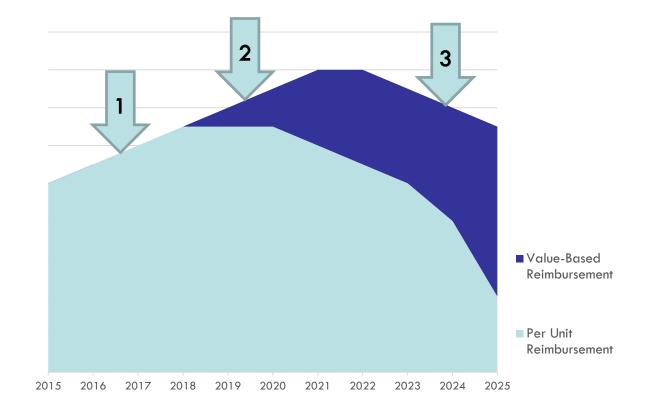




#### What does "Value" Mean?

- What you get divided by what you pay for (Quality / Cost)
- Fee for Service payments reward providers for doing more, not necessarily for doing "better"
- Payers are now moving to payment systems to reward quality of care and outcomes

#### Per Unit and Value Based Reimbursement Model









### Why Implement VBP Programs in Nursing Facilities?

- Robust data (MDS) and established reporting system
- Changing CMS incentives
- Manageable number of providers



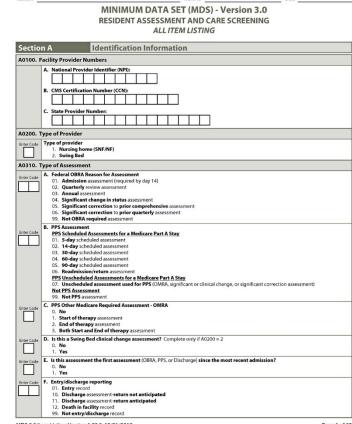






### Why Implement VBP Programs in Nursing Facilities?

- The Minimum Data Set (MDS) is part of the federally mandated process for clinical assessment of all residents in Medicare and Medicaid certified nursing homes
- Established and refined mid-1990s
- This process provides a comprehensive assessment of each resident's functional capabilities and helps nursing home staff identify health problems
- "No new measures!"



MDS 3.0 Item Listing-Version 1.00.3 10/01/2010

Page 1 of 38

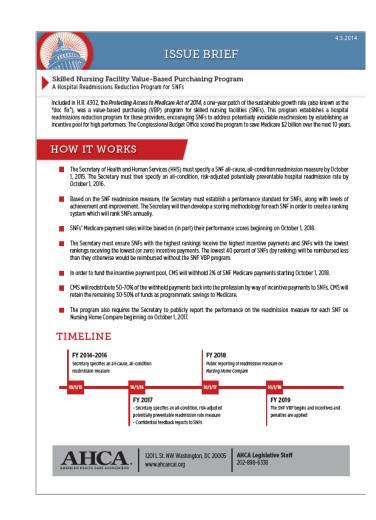






#### Skilled Nursing Facility Value Based Purchasing Program: 4.5.2014 A Hospital Readmissions Reduction Program for SNFs

- H.R. 4302, the Protecting Access to Medicare Act of 2014 legislates a value-based purchasing (VBP) program for skilled nursing facilities (SNFs)
- Establishes a hospital readmissions reduction program for these providers, encouraging SNFs to address potentially avoidable readmissions by establishing an incentive pool for high performers
- The Congressional Budget Office scored the program to save Medicare \$2 billion over the next 10 years









### CMS and Nursing Facility VBP

## SNFVBP Important Dates and Timeline

Jan 2015 - Dec 2015 Calendar Year (CY) 2015 Baseline time period Oct 2016

Confidential Feedback report with CY 2013 rates available in the QIES System Feb 2017

Confidential Feedback report with CY 2014 rates available in the QIES System June 2017

Confidential Feedback report with CY 2015 rates available in the QIES System Aug 2017

SNF VBP Program for FY 2019 finalized Oct 2017

SNF-RM rates posted publicly on Nursing Home Compare

Jan 2017 - Dec 2017 Calendar Year (CY) 2017 Performance time period

Oct 1, 2018-

Medicare cuts go into effect

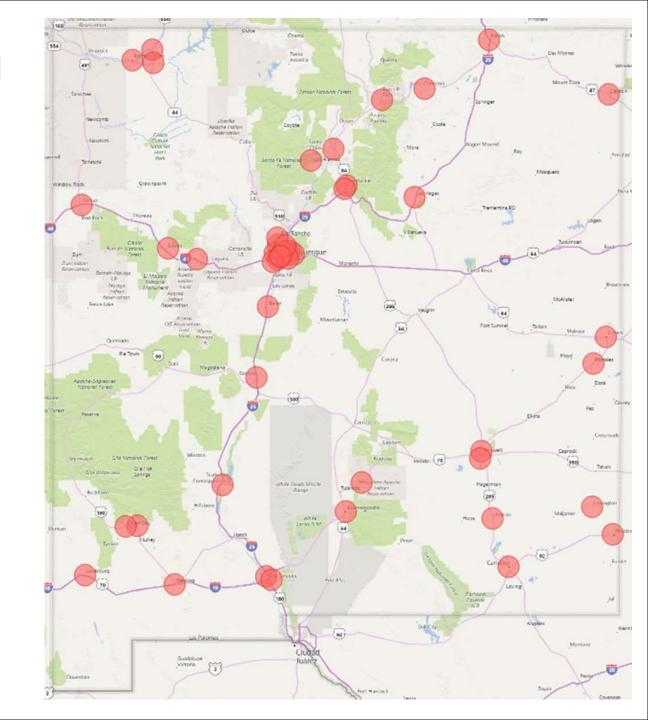






# Key NM Medicaid Nursing Facility Facts

- Medicaid pays for about 1.4 M
   NF days per year
- Medicaid is the primary payer for >90% of Long Term Care facility days
- There are only 76 licensed NFs in New Mexico (compared to > 1000 in California and Texas)









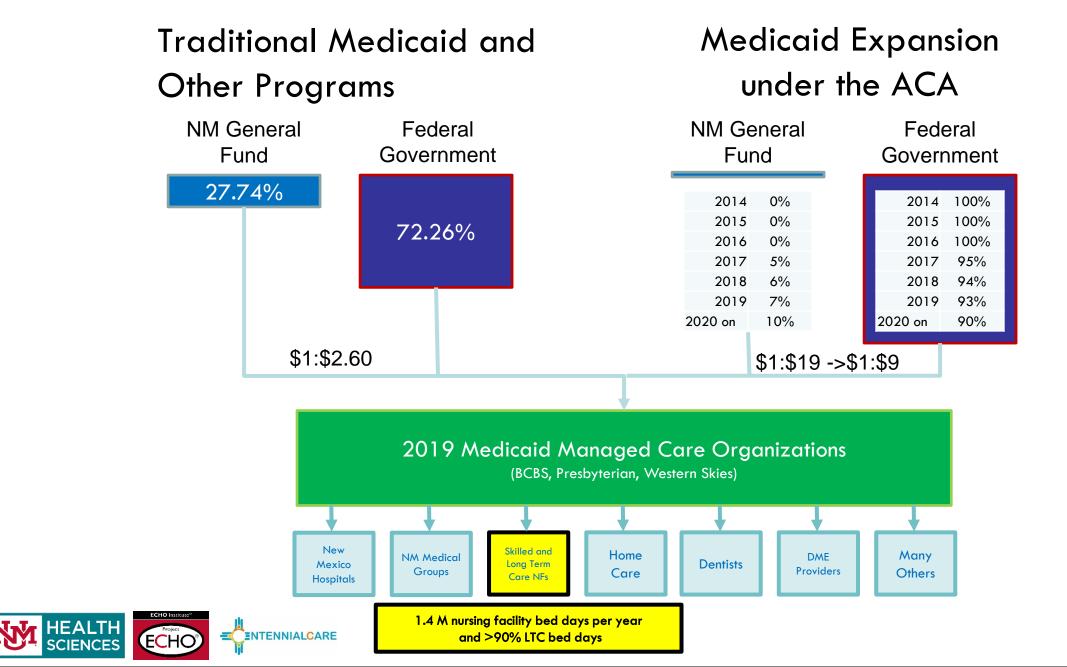






#### **VBP** in New Mexico Medicaid

#### Oversimplified View of Health Care Financing through Centennial Care



#### How VBP "Works"

Pay MCOs for value delivered to their total membership per VBP arrangement (whether contracted or not)

MCOs will drive providers to improve their value to increase their premium and their returns. VBP arrangements and insight in the potential performance of providers vs their target budgets will be actionable entry point for MCOs Feedbackloop facilitates control of overall Medicaid

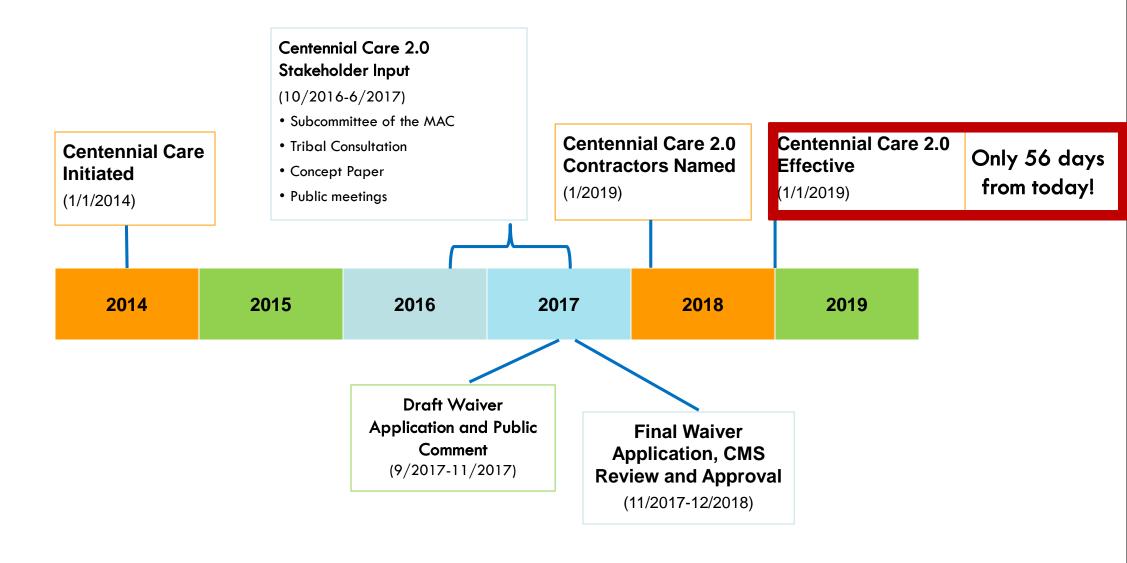
Members receive better quality care at lower overall cost for the State, allowing further re-investment of Medicaid dollars in delivery system







## Centennial Care Timeline









## VBP Requirements in CC 2.0 RFP

Aggregate VBP Targets					
Contract Period 1 (Jan 1 – Dec 31, 2019)	Contract Period 2 (Jan 1 – Dec 31, 2020)	Contract Period 3 (Jan 1 – Dec 31, 2021)	Contract Period 4 (Jan 1 - Dec 31, 2022)		
<ul> <li>Level 1: 8%</li> <li>Level 2: 11%</li> <li>Level 3: 5%</li> <li>Total: 24%</li> </ul>	<ul> <li>Level 1: 10%</li> <li>Level 2: 13%</li> <li>Level 3: 7%</li> <li>Total: 30%</li> </ul>	<ul> <li>Level 1: 11%</li> <li>Level 2: 14%</li> <li>Level 3: 8%</li> <li>Total: 33%</li> </ul>	<ul> <li>Level 1: 12%</li> <li>Level 2: 15%</li> <li>Level 3: 9%</li> <li>Total: 36%</li> </ul>		
		HSD reserves the right to modify the percentage in Year 3 increasing 5% from Contract Period 2.	HSD reserves the right to modify the percentage in Year 4 increasing 5% from Contract Period 3.		

Modifications will be conveyed to the CONTRACTOR at least 60 days prior to the beginning of contract period three.

#### VBP Level 1 - Minimum Requirements

Level 1: Fee schedule based with bonus or incentives and/or withhold payable only when outcome/quality scores meet agreed-upon targets.

Contract Period 1	Contract Period 2	Contract Period 3	Contract Period 4
8%	10%	11%	12%
<ul> <li>Traditional PH providers with at least 2 small providers.</li> <li>BH providers (whose primary services are BH).</li> </ul>	<ul> <li>Traditional PH providers with at least 2 small providers.</li> <li>BH providers (whose primary services are BH).</li> </ul>	<ul> <li>Traditional PH providers         with at least 2 small         providers.</li> <li>BH providers (whose         primary services are         BH).</li> </ul>	<ul> <li>Traditional PH providers         with at least 2 small         providers.</li> <li>BH providers (whose         primary services are         BH).</li> </ul>
<ul> <li>Long term care providers including nursing facilities.</li> </ul>	<ul> <li>Long term care providers including nursing facilities.</li> </ul>	<ul> <li>Long term care providers including nursing facilities.</li> </ul>	<ul> <li>Long term care providers including nursing facilities.</li> </ul>
	All included provider requirements must exceed percentage achevied in prior year.	All included provider requirements must exceed percentage achevied in prior year.	All included provider requirements must exceed percentage achevied in prior year.

#### Additional Requirements:

1. Must include a mix of physical health, behavioral health, long term care and nursing facility providers.

#### VBP Level 1 Definitions:

- 1. Traditional PH providers are providers whose primary services are not behavioral health, long term care or nursing facilities. Traditional PH providers include FQHC, hospitals etc...
- 2. **Small provider** is defined as practices with 1,000 or less assigned/attributed members or as determined by HSD prior to the start of the contract period.

#### VBP Level 2 - Minimum Requirements

Level 2: Fee schedule based, upside-only shared savings-- available when outcome/ quality scores meet agreed-upon targets (may include downside risk)

Contract Period 1	Contract Period 2	Contract Period 3	Contract Period 4
11%	13%	14%	15%
Traditional PH providers with at least 2 small providers.  BH providers (whose primary services are	Traditional PH providers with at least 2 small providers. BH providers (whose primary services are	Traditional PH providers with at least 2 small providers BH providers (whose primary services are BH)	Traditional PH providers with at least 2 small providers. BH providers (whose primary services are BH)
<ul> <li>BH).</li> <li>Actively build readiness for Long Term Care Providers (see definitions).</li> <li>Actively build readiness for nursing facilities (see definitions).</li> </ul>	BH).  Actively build readiness for Long Term Care Providers (see definitions).  Actively build readiness for nursing facilities (see definitions).	Long term care providers including nursing facilities.	Long term care providers including nursing facilities over prior year.
	All included provider requirements must exceed the percentage of payments achieved in prior year.	All included provider requirements must exceed the percentage of payments achieved in prior year.	All included provider requirements must exceed the percentage of payments achieved in prior year.

#### Additional Requirements:

- 1. Must include two or more bundled payments for episodes of care.
- At least 5% of the overall total Contract Year Percentages in Levels 2 and/or Level 3 VBP contracting must be with high volume hospitals and require avoidable readmission reduction targets of at least 5% of the hospital's CY 2017 or MY 2016 baseline as outlined in definitions below.

#### VBP Level 3 – Minimum Requirements

Level 3: Fee schedule based or capitation with risk sharing (at least 5% for upside and downside risk); and/or global or capitated payments with full risk.

Contract Period 1	Contract Period 2	Contract Period 3	Contract Period 4
5%	7%	8%	9%
Traditional PH providers. Implement a CONTRACTOR led	Traditional PH providers.  Develop BH full-risk contracting model	Traditional PH providers.  BH providers (whose primary services are	8% with traditional PH provider     2% with providers who are primarily BH.
BH provider level	Implement a	BH).	<ul> <li>Long term care providers</li> </ul>
workgroup that works with BH providers to	CONTRACTOR led LTC and/or Nursing	<ul> <li>Actively build LTC and/or nursing facility</li> </ul>	including nursing facilities over prior year.
design full risk model (see definitions).	facility provider level workgroup to design full-risk model (see	full-risk contracting model (see definitions).	
	definitions).		
	All included provider requirements must exceed the percentage of payments achieved in prior year.	All included provider requirements must exceed the percentage of payments achieved in prior year.	All included provider requirements must exceed the percentage of payments achieved in prior year.
	The second secon	yy	y-ar-

#### Additional Requirements:

- Global or capitated payments with full risk. Arrangements with full risk for Covered Services shall include Full
  Delegation of Care Coordination as detailed in bullet 2 below. Full Delegation of Care Coordination within Level 3
  VBP arrangements as outlined in definitions below.
- At least 5% of the overall total Contract Year Percentages in Levels 2 and/or Level 3 VBP contracting must be with high volume hospitals and require avoidable readmission reduction targets of at least 5% of the hospital's CY 2017 or MY 2016 baseline as outlined in definitions below.



## Nursing Facility-Specific VBP Programs in Other States (California, Texas)

## Example #1: California

## 2016-17 Point Allocation by Quality Measure

https://www.cdph.ca.gov/Programs/CHCQ/LCP/CDPH%20Document%20Library/CDPH2017QrtlyBenchmarksFNL508.pdf

Points Allocation	<b>Quality Measure</b>
Pressure Ulcers: Long Stay Measure	11.111
Physical Restraints: Long-Stay	11.111
Influenza Vaccination: Short Stay	5.55575
Pneumococcal Vaccination: Short Stay	5.55575
Urinary Tract Infection: Long Stay	11.111
Control of Bowel/Bladder: Long Stay	11.111
Self-Report Pain: Short Stay	5.55575
Self-Report Pain: Long-Stay	5.55575
Activities of Daily Living: Long-Stay	11.111
Staff Retention	11.111
30 Day All-Cause Readmission	11.111
Total	100







## 2013 Data: California Quality and Accountability Supplemental Payments (QASP)

Source:http://www.dhcs.ca.gov/services/medi-cal/Documents/AB1629%20QASP/QASP%20Scoring\_%20Side%20by%20Side%207.11.2013.pdf

Quality and Accountability Supplemental Payment Scoring										
		Previously Presented			Revised					
	Top Tier Double Payout			Top Tier 1 1/2 Payout						
Payment Tier	Point Range	# of SNFs	Payout per MCBD	Total MCBDs per Tier	Total Payout per Tier	Ave Payout per SNF	Payout per MCBD	Total MCBDs per Tier	Total Payout per Tier	Ave Payout per SNF
Tier 0 <sup>1</sup>		346	\$0.00	5,811,700	\$0	\$0	\$0.00	5,811,700	\$0	\$0
Tier 1	0 - 49.9	419	\$0.00	10,280,958	\$0	\$0	\$0.00	10,280,958	\$0	\$0
Tier 2	50 - 66.6	211	\$4.28	4,381,696	\$18,753,659	\$88,880	\$4.86	4,381,696	\$21,295,043	\$100,924
Tier 3	66.7-100	119	\$8.55	2,019,628	\$17,267,819	\$145,108	\$7.29	2,019,628	\$14,723,088	\$123,723
Total Receiving Payment		330 30.14%				\$109,156				\$109,146

<sup>&</sup>lt;sup>1</sup>Tier 0 includes facilities ineligible for QASP payment due to non-compliance with 3.2 NHPPD, AA/A citations, 0 MCBD, or missing MDS data.

#### Quality Measure Scoring:

For each MDS Measure that a facility reached the mean (benchmark), the facility received half the possible points.

If a facility reached the 75 percentile, the facility received the full points for that MDS measure.

All facilities were included in calculating the benchmark and 75 percentile.

No points were awarded for meeting the 3.2 NHPPD requirement, however facilities that did not meet the NHPPD will not receive payment.

#### Payment:

Facilities with AA/A citations, Any days of non-compliance with the 3.2 NHPPD requirement, or facilities with no MCBDs will not receive a payment.

For purposes of this estimate, the 58 facilities with missing MDS measure data were removed.

Total Payout \$36M



## Example #2: Texas QIPP Program

- The Quality Incentive Payment Program (QIPP) encourages nursing facilities to improve the quality and innovation of their services, using the Centers for Medicare & Medicaid (CMS) 5-star rating system as its measure of success for the following 4 quality measures:
  - High-risk long-stay residents with pressure ulcers
  - Percent of residents who received an antipsychotic medication (long-stay)
  - Residents experiencing one or more falls with major injury
  - Residents who were physically restrained
- Credit given tor both meeting targets and also tor improvement
- Payout of \$20 per Medicaid resident per day in initial phase of program

Source: <a href="https://hhs.texas.gov/services/health/medicaid-chip/provider-information/quality-incentive-payment-program-nursing-homes">https://hhs.texas.gov/services/health/medicaid-chip/provider-information/quality-incentive-payment-program-nursing-homes</a>















# Project ECHO (Extension for Community Health Outcomes) Est. 2003

Mission: To democratize knowledge and get best practice care to underserved people all over the world.

Supported by New Mexico Department of Health, Agency for Health Research and Quality, New Mexico Legislature, Robert Wood Johnson Foundation, GE Foundation, Helmsley Trust, Bristol Myers Squibb Foundation, Merck Foundation, and New Mexico Medicaid.







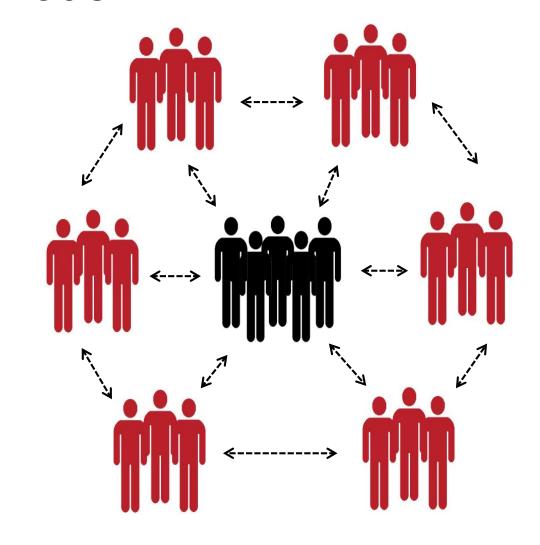






#### The ECHO Model™

- Use Technology to leverage scarce resources
- Share "best practices" to reduce disparities
- Case-based learning to master complexity
- Web-based database to monitor outcomes











Clinical Experience

#### ECHO-AGE: A Care Resident

Angela G. Catic N Marisa Morgan N

\*Department of Medicine and Department of Medicine, Bet "Division of Gerombiogy, Bed. \*Division of General Medicine \* Loverance General Hoodigal | Greater Lowrence Family Hee Filler Services Blen of the No. Historie Smilet & Inchase J

Reywords long-term care demenda biemeddos

Olderresidents of nuproblems associated wit elders are at high risk to

The authors declare no c \* Addess correspondence E. Deltakey V A Medical Centre LR Mattison, MD, Reth Icrael MA 02215 E-mail addy out: acaticit

(M.L.P. Muttik on). http://dx.dol.org/1010165.Jar

193-8610/Published by Rise



Brief Report

#### Impact of Restraint a ECHO-AG

Stephen E. G Melissa LP. 1 Lewis A. Lips

\*Beth Israel Departer <sup>b</sup> Hebrow Sembride, R \* Harvard Medical Sch Contracts for Aging B "Schneider budbube

Sevendo. Dementia marriage home antiprychotics physical metraints video conferencia y

Present affiliation Sciences, University Hospital, Boston, M.

> Medical Center, House The authors deck This study was Donaghue Medical I ACE comes from the Hartford Foundation

Gertatrice, Baylor Co.

http://dx.doi.org/10.1

#### Extension Transition Multidisc

Grace Farris, A MPH, \*† J. Ely:  $MD.^{*ft}$  and M

OBJECTIVES: To ence that connects with dinicians at a sional communical DESIGN: Prospec SETTING: One postacute care si te PARTICIPANTS: geriatricians, phan and subspecialists) INTERVENTION cute care sites wer MEASUREMENT graphic characteri care provider satis cation errors are n RESULTS: Over 84.6% were discu ing facilities and t term acute care length of stay of that the videocor provided much-ne staff. Of the 106 involved an omissi CONCLUSION: are discharged to risk care transition Outcomes—Care disciplinary comm cute care provi

From the \* Both Israel I School; Institute for A Manuchusem Genera

Address correspondence Descores Medical Ger E-mail: gracefarric@gra DOE 10.1111/jgs.1469 Accepted Manuscript

Improving

Conference

Amber B.

Sircar, MI

L.P. Matti

Reference

Revised [

Accepted

Please cit

Mattison I

Video-Cor

10.1016/j.

This is a F

our custor

copyeditir

note that

legal disc

PII:

DOI:



vel videoconferpital-based team oves interprofesion errors.

OBTOTTO

PURPOSE: Within 30 days of hospital discharge to a skilled nursing facility, older adults are at high risk for death, re-hospitalization and high-cost healthcare. The purpose of this study was to examine whether a novel videoconference program called Extension for Community Health Outcomes-Care Transitions (ECHO-CT) that connects an interdisciplinary hospital-based team with clinicians at skilled nursing facilities, reduces patient mortality, hospital readmission,

skilled nursing facility length of stay and 30-day health care costs.

METHODS: A prospective cohort study comparing cost and health care utilization outcomes To appea between ECHO-CT facilities and matched comparisons from January 2014-December 2014.

RESULTS: 30-day readmission rates were significantly lower in the intervention group (OR

0.57: 95% CI 0.34 - 0.96; p-value 0.04) as was the 30-day total healthcare cost (\$2,602.19 lower;

95% CI -\$4,133.90- -\$1,070.48; p-value < .001) and the average length of stay at the skilled

nursing facility (-5.52 days; 95% CI -9.61- -1.43; p=0.001). The 30-day mortality rate was not significantly lower in the intervention group (OR 0.38; 95% CI 0.11-1.24; p=0.11).

CONCLUSION: Patients discharged to skilled nursing facilities participating in the ECHO-CT

program had shorter lengths of stay, lower 30-day rehospitalization rates, and lower 30-day health care costs compared to those in matched skilled nursing facilities delivering usual care.

ECHO-CT may improve patient transitions to post-acute care at lower overall cost.





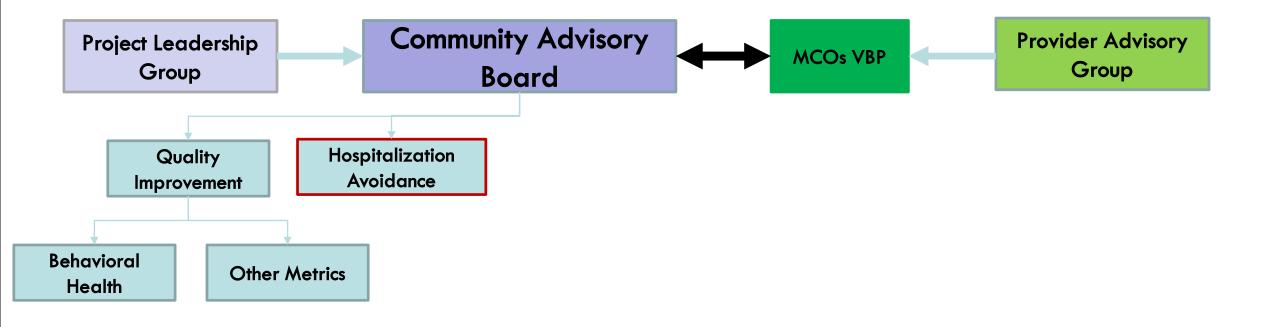
## Are you part of the ECHO?





# Nursing Facility Quality Improvement and Hospitalization Avoidance (QIHA) Program in New Mexico

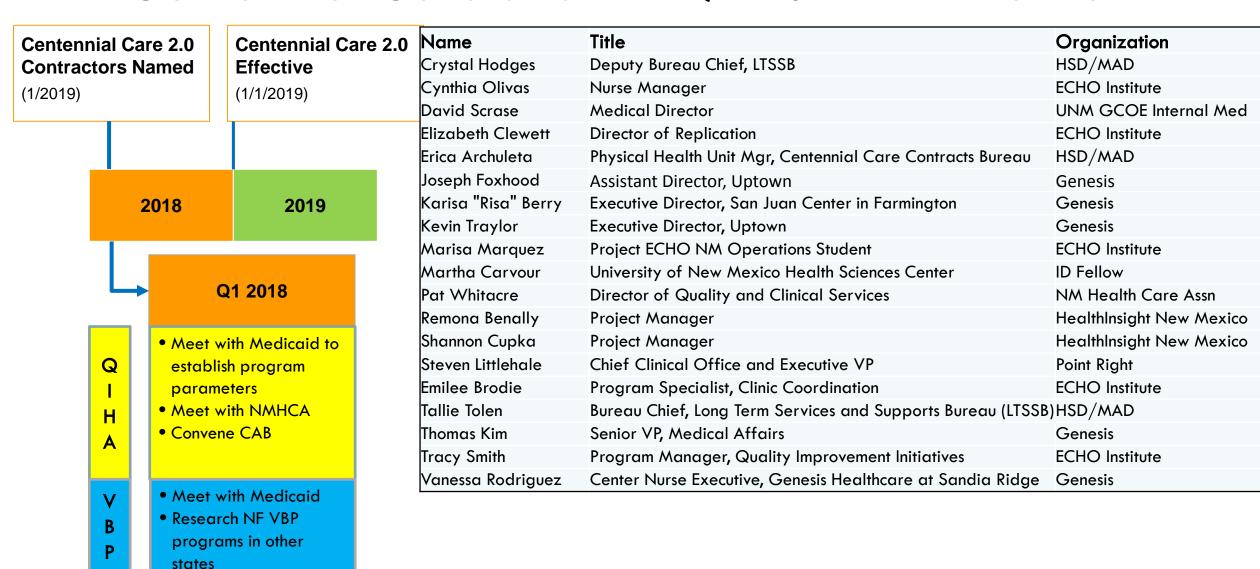
#### The Structure







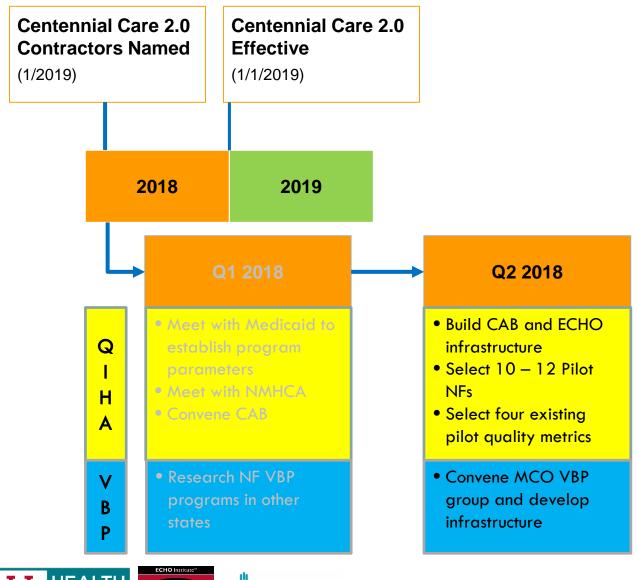








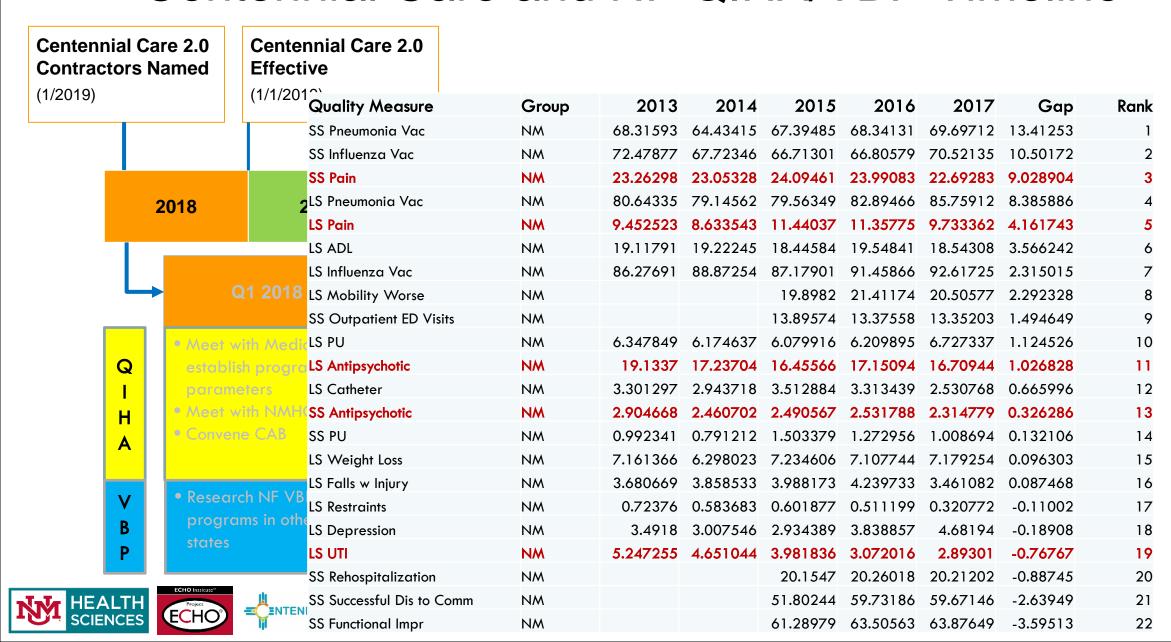


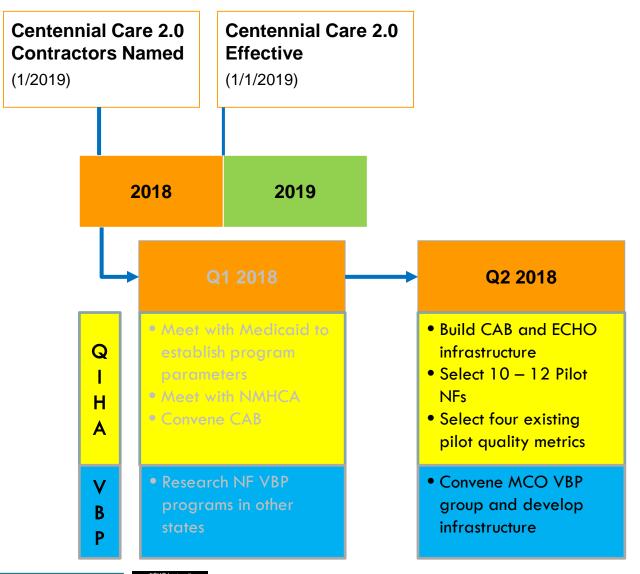










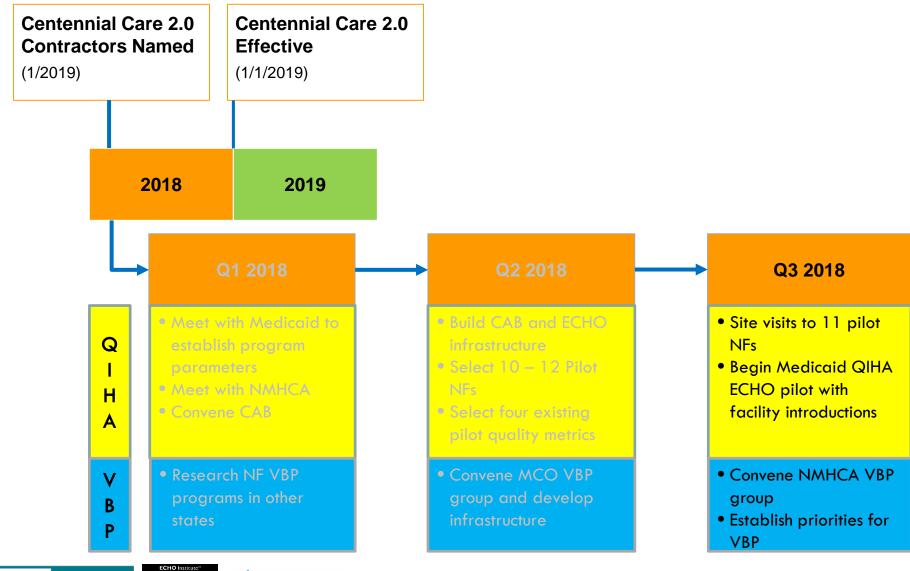


	MCO VBP Group				
Name	Organization				
Quinn Glenzinski	Blue Cross Blue Shield of New Mexico				
Dr. Wei-Ann Bay	Blue Cross Blue Shield of New Mexico				
Susan Dezavelle	Blue Cross Blue Shield of New Mexico				
Holly Lawrence	Blue Cross Blue Shield of New Mexico				
Eric Cibak	Blue Cross Blue Shield of New Mexico				
Michael Archuleta	Blue Cross Blue Shield of New Mexico				
Arlene Britt	Blue Cross Blue Shield of New Mexico				
Mary Eden	Presbyterian Health Plan				
Jordan Erp	Presbyterian Health Plan				
Heather Ingram	Presbyterian Health Plan				
Deb Revard	Presbyterian Health Plan				
Nathan Cogburn	Western Sky Community Care				
Dr. Latha Shankar	Western Sky Community Care				
Messina Martinez	Western Sky Community Care				
Rosanna Nelson	Western Sky Community Care				
Marta Larson	Western Sky Community Care				
Dr. David Scrase	HSD				
Estevan Baca	HSD				
Erica Archuleta	HSD				















NAME OF FACILITY	LOCATION OF FACILITY
Rio Rancho Center	4210 Sabana Grande SE, Rio Rancho
Las Palomas Center	8100 Palomas NE, ABQ, 87109
The Rehabilitation of ABQ	5900 Forest Hills Dr. NE, ABQ, 87109
Albuquerque Hts. Healthcare	103 Hospital Loop NE, ABQ, 87109
Ladera Center	5901 Ouray Road NW, ABQ, 87120
Skies Healthcare	9150 McMahon NW, ABQ, 87114
Uptown Rehabilitation Center	7900 Constitution Ave. NE, ABQ, 87110
Sandia Ridge Center	2216 Lester Dr. NE, ABQ 87112
Canyon Transitional Rehab	10101 Lagrima de Oro NE, ABQ, 87111
Genesis Bear Canyon	5123 Juan Tabo Blvd NE, ABQ, 87111
San Juan Center	806 West Maple Street Farmington, 87401

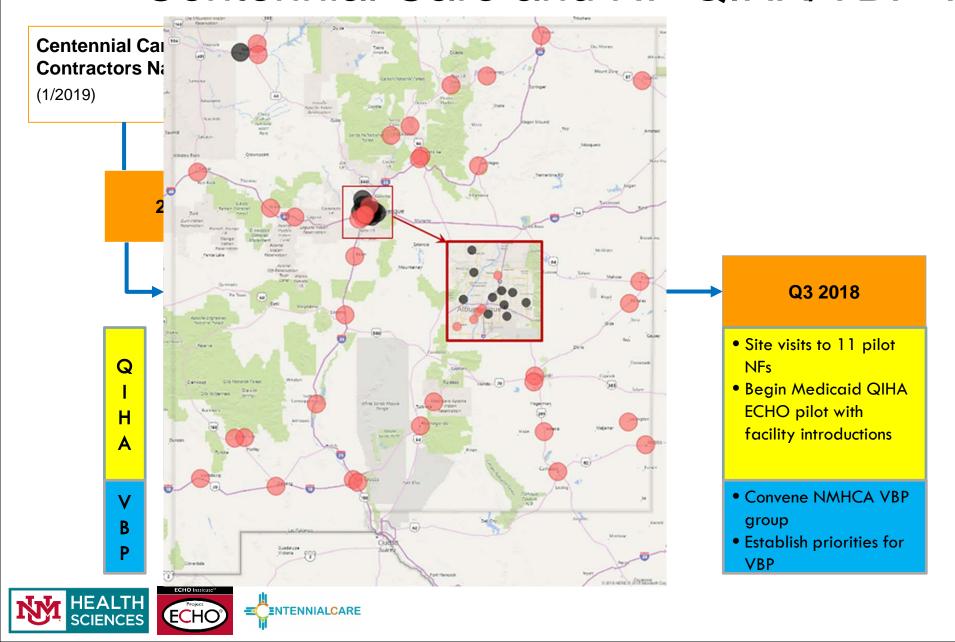
#### Q3 2018

- Site visits to 11 pilot NFs
- Begin Medicaid QIHA ECHO pilot with facility introductions
- Convene NMHCA VBP group
- Establish priorities for VBP









Centennial Care 2.0 Contractors Named (1/2019) **Centennial Care 2.0 Effective** 

(1/1/2019)

**Provider Advisory Group** Name **Organization** New Mexico Health Care Association Jason Espinoza 2 Kelley Whitaker **Fundamental** Pat Whitacre New Mexico Health Care Association Lashuan Bethea Genesis HealthCare Lori Greer-Harris Genesis HealthCare Jerry Cahill Genesis HealthCare Rayna Fagus Eduro Healthcare Brian Falkler **Fundamental** Sara Farmer Genesis HealthCare Terry Harman Genesis HealthCare Michael Jacobs **Fundamental** Н Jody Knox Lakeview Christian Home Pete Looker South Valley Care Center Genesis HealthCare Cynthia Myers Heidi Trimble **Fundamental** Lillian Werntz Genesis HealthCare Horace Winchester **OnPointe** P Genesis HealthCare Irene Torres Fran Chapman **Fundamental** 

Q3 2018

- Site visits to 11 pilot NFs
- Begin Medicaid QIHA ECHO pilot with facility introductions
- Convene NMHCA VBP group
- Establish priorities for VBP

#### MCO Basic Principles that Should Drive a NM NF VBP Program (9.14.18)

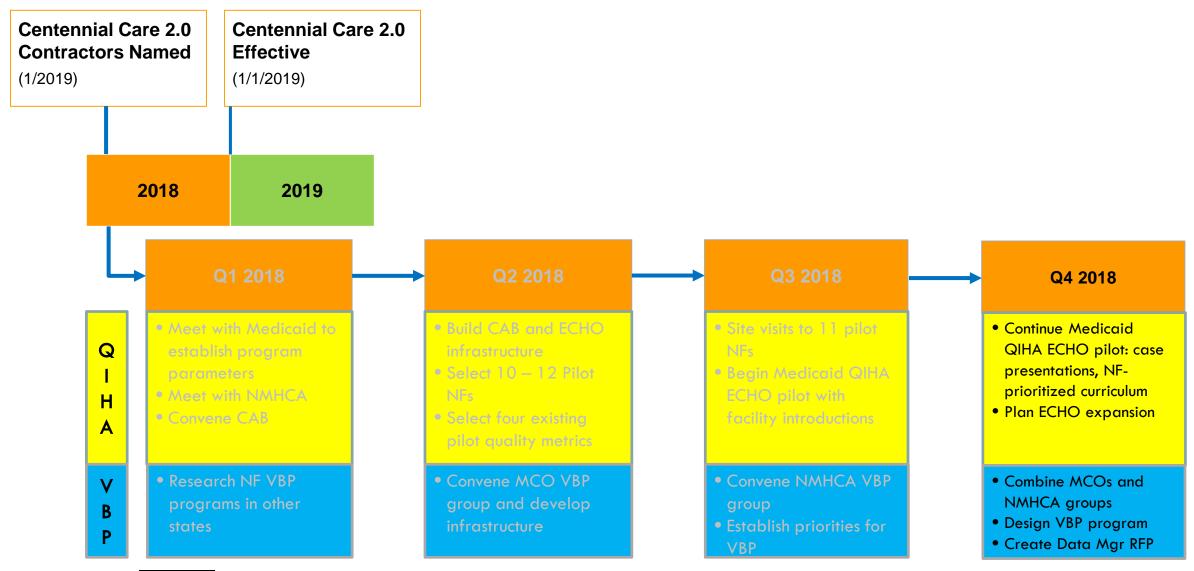
- "One stop shopping" a single program
- KPIs metrics must be standardized (national data)
- Leverage best practices in other states
  - Co-branding
- Provider ownership/buy-in, contribute to design of program
- Provider centric (stratified by level of providers)
- All providers have the opportunity to "win", and there are early wins
- Supports other goals (e.g., community reintegration)
- Based on Medicaid members/data
- Financial component has to be significant enough to be an incentive
- Rewards for both meeting targets and improvement
- Actuarially sound
- Sustainable over the long run
- Quarterly or semi-annual payments
- Some metric for resident satisfaction
- Consider special situations (e.g., behavioral health facilities)
- Figure out DSNIP
- Transparent feedback to providers
- Performance scorecard
- Payouts based on aggregate membership
- Patient centered care (continuity)
- Include all stakeholders in this process
- Care is coordinated and integrated to address both PH and BH and Social Determinates of Health (SDoH)
- Financial drivers are aligned with the population's need
- Have data management strategy
- Quality measures should be understandable, valid/reliable, achievable, fair, and worth the effort

## Common Principles for both MCOs and Provider Advisory Group

- Evidence based benchmarks (tied to clinical outcomes and evidence)
- Rewards for both improvement (with defined tiers) and reaching targets
- All providers have the opportunity to "win", and there are early wins
- Payouts based on Medicaid bed days (volume in each facility)
- Quarterly or semi-annual payments
- Specialty facility special considerations (e.g., behavioral health and wound care facilities)
- Transparent feedback to providers

#### Provider Advisory Guiding Principles (10.19.18)

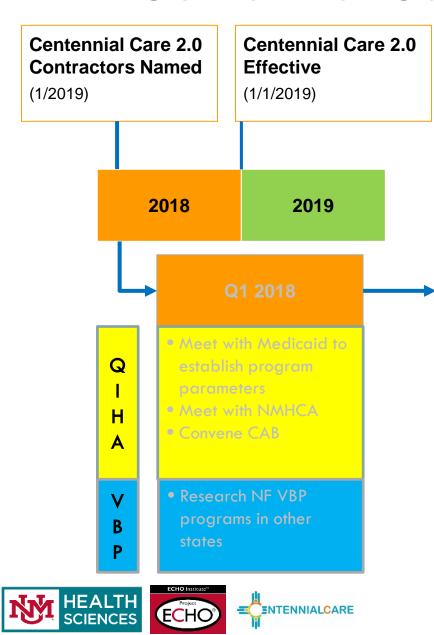
- Rewards for both improvement (with defined tiers) and reaching targets
- Evidence based benchmarks (tied to clinical outcomes and evidence)
- Prospective and fair method for setting (and resetting) targets over time
- Specialty facility special considerations (psych and wound care facilities)
- More frequent payouts (e.g., every 3 months)
- Consideration in metric selection regarding time frames (e.g., fall with injury may continue for 270 days)
- Possible for everyone to "win"
- Opportunity to address behavioral and opioid patient population (will discuss how later)
- Tiered system to provide extra reward for challenging patients but need to be sure training and ability to provide care is in place
- Defined conditions of participation (TBD)
- Need to address the DOH-related regulatory issues related to taking on BH patients
- Voluntary
- Transparent data clearly published
- Need to evaluate retroactive changes in membership
- Payouts based on Medicaid bed days (volume in each facility)











#### <u>List of topics for prioritization for Oct-Dec:</u>

- Medication reconciliation
- Protocol development first 24 hours
- Adjunctive medication treatments for pain
- Substance use disorder (opioids)
- Coping and pain
- Risk assessment tools
- Communication strategies
- Discharge data sets what is out there?
- Infection control 101
- UTIs and protocol for ordering UAs

#### Q4 2018

- Continue Medicaid
   QIHA ECHO pilot: case
   presentations, NF prioritized curriculum
- Plan ECHO expansion
- Combine MCOs and NMHCA groups
- Design VBP program
- Create Data Mgr RFP

## Medicaid QIHA ECHO Session: October 26

#### **Standard Agenda:**

- Welcome & Updates
- "Case" Discussion
  - Facility presents challenge
  - Structured facilitated discussion
    - Clarifying questions community, faculty
    - Recommendations community, faculty
- Brief Lecture (~10-15 minutes)
- "Case" Discussion
- Quality Tool
- Wrap Up

NA N	HEALTH SCIENCES	(





00331011. OCTOBET 20					
TIME	ITEM	LEADER	GOAL		
10:00–15	Welcome	Tracy Smith, BA	Set stage for meeting.		
10:15-55	Case Discussion 1 – San Juan	Hub Team	Discuss a facility challenge as a community and possible recommendations for solutions or next steps.		
10:55-11:25	Communication Strategies: SBAR Tool	Marissa Hotze, RN; David Scrase, MD	Discuss the importance of communication, review late night scenarios, and learn the SBAR tool.		
11:25-55	Case Discussion 2 – Heights	Hub Team	Discuss a facility challenge as a community and possible recommendations for solutions or next steps.		
11:50-55	Quality Tool: Run Chart Rules	Tracy Smith, BA	Develop shared understanding of quality tools.		
11:55-12:00	Wrap up	Tracy Smith, BA	Share in chat: What went well? What could we improve on? How good of a job did our group do		

including everyone?













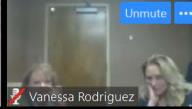














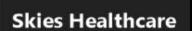






Marisa - ECHO...





**Estevan Baca** 

















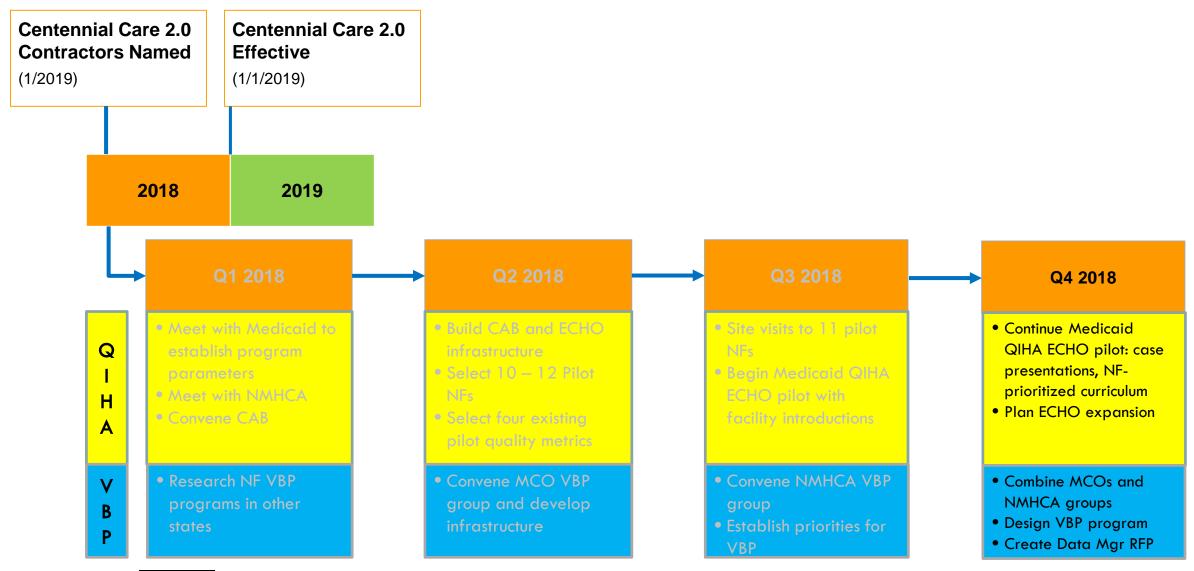








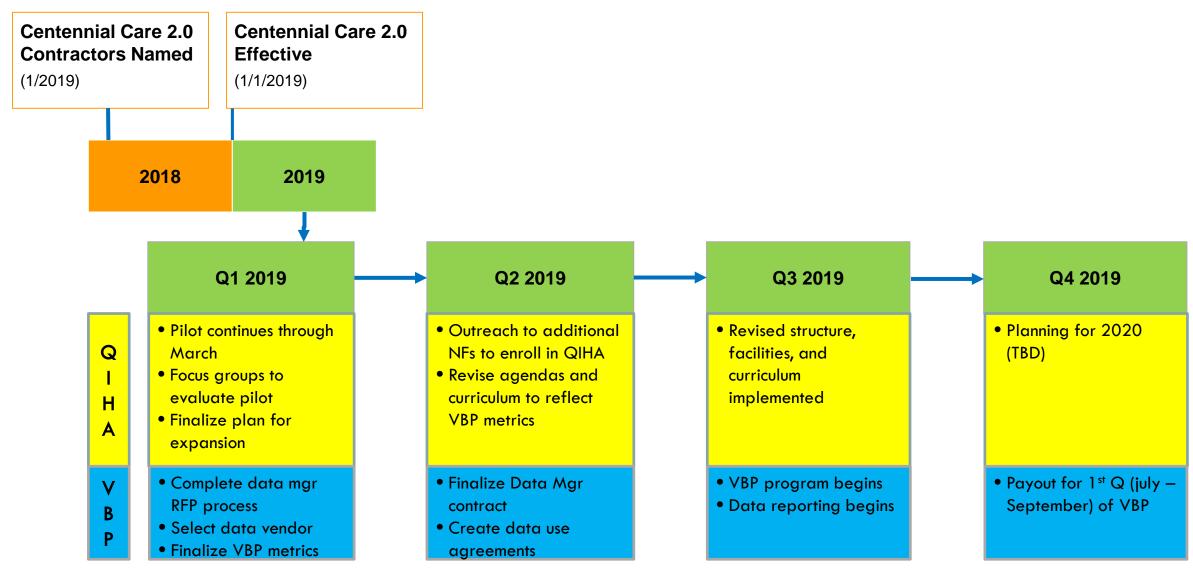










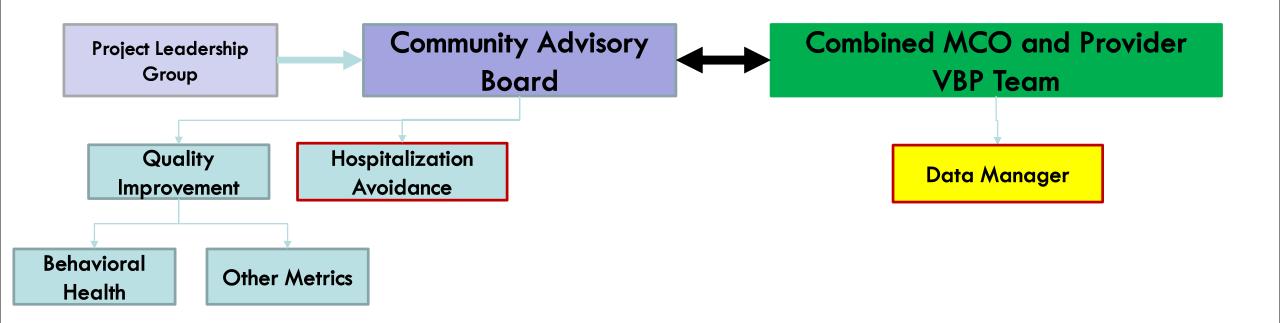








## The Structure, Revised











Conclusions: What we have learned so far...

#### Conclusions: What we have learned so far...

- 1. Focus of QIHA and VBP will become long term care residents and metrics
- 2. The concept of a statewide program resonates with the values of NF participants and the business plans of MCOs
- 3. This is much more popular than we expected in terms of QIHA participation by NFs
- 4. This is *much* more popular than we expected in terms of VBP involvement of both MCOs and NFs
- 5. A successful VBP program requires co-development by all parties efforts have stalled or failed in other states without this
- 6. This combined program is unique in that we are providing not only financial incentives to improve quality but developing a *unique* statewide learning community to accelerate improvement; this can become a model for other states, and other countries







## **Questions and Comments**







