



# Severe Emotional Disturbance (SED) CRITERIA CHECKLIST

*Severe Emotional Disturbance (SED) determination is based on the age of the individual, diagnoses, functional impairment or symptoms, and duration of the disorder. The child/adolescent must meet all of the following criteria:*

1. **Age:**
- be a person under the age of 18;
- OR**
- be a person between the ages of 18 and 21, who received services prior to the 18th birthday, was diagnosed with a SED, and demonstrates a continued need for services.
2. **Diagnoses:**  
**Must meet A or B.**
- A. The child/adolescent has an emotional and/or behavioral disability that has been diagnosed through the classification system in the current *American Psychiatric Association Diagnostic and Statistical Manual of Mental Disorders*.
    - Diagnoses codes and descriptions that are found in Appendix A and Appendix B of this document are those providing a primary reason for receiving public system behavioral health services.
  - B. The term “complex trauma” describes children’s exposure to multiple or prolonged traumatic events, which are often invasive and interpersonal in nature. Complex trauma exposure involves the simultaneous or sequential occurrence of child maltreatment, including psychological maltreatment, neglect, exposure to violence and physical and sexual abuse. [*Dear State Director letter, July 11, 2013, from CMS, SAMHSA, ACF.*] In order to qualify as a complex trauma diagnosis the child must have experienced one of the following traumatic events:
    - Abandoned or neglected;
    - Sexually abused;
    - Sexually exploited;
    - Physically abused;
    - Emotionally abused; or
    - Repeated exposure to domestic violence.

In addition to one of the qualifying traumatic events above, there must also be an ex parte order issued by the children’s court or the district court which includes a sworn written statement of facts showing probable cause exists to believe that the child is abused or neglected and that custody is necessary.

3. **Functional Impairment:**  
**The child/adolescent must have a Functional Impairment in two of the listed capacities:**
- Functioning in self-care:*  
Impairment in self-care is manifested by a person's consistent inability to take care of personal grooming, hygiene, clothes, and meeting of nutritional needs.
- Functioning in community:*  
Inability to maintain safety without assistance; a consistent lack of age-appropriate behavioral controls, decision-making, judgment and value systems which result in potential out-of-home placement.
- Functioning in social relationships:*  
Impairment of social relationships is manifested by the consistent inability to develop and maintain satisfactory relationships with peers and adults. Children and adolescents exhibit constrictions in their capacities for shared attention, engagement, initiation of two-way effective communication, and shared social problem solving.
- Functioning in the family:*  
Impairment in family function is manifested by a pattern of significantly disruptive behavior exemplified  
by repeated and/or unprovoked violence to siblings and/or parents and/or caretakers (e.g., foster parents), disregard for safety and welfare of self or others (e.g., fire setting, serious and chronic destructiveness, inability to conform to reasonable expectations that may result in removal from the family or its equivalent). Child-caregiver and family characteristics do not include developmentally based adaptive patterns that support social-emotional well-being. For early childhood functioning, major impairments undermine the fundamental foundation of healthy functioning exhibited by:
- rarely or minimally seeking comfort in distress
  - limited positive affect and excessive levels of irritability, sadness or fear
  - disruptions in feeding and sleeping patterns
  - failure, even in unfamiliar settings, to check back with adult caregivers after venturing away
  - willingness to go off with an unfamiliar adult with minimal or no hesitation
  - regression of previously learned skills
- Functioning at school/work:*  
Impairment in school/work function is manifested by an inability to pursue educational goals in a normal time frame (e.g., consistently failing grades, repeated truancy, expulsion, property damage or violence toward others); identification by an IEP team as having an Emotional/Behavioral Disability; or inability to be consistently employed at a self-sustaining level (e.g., inability to conform to work schedule, poor relationships with supervisor and other workers, hostile behavior on the job).

4. **Symptoms:**  
**Symptoms in one of the following groups:**
- Psychotic symptoms:*  
Symptoms are characterized by defective or lost contact with reality, often with hallucinations or delusions.
  - Danger to self, others and property as a result of emotional disturbance:*  
The individual is self-destructive, e.g., at risk for suicide, and/or at risk for causing injury to self, other persons, or significant damage to property.
  - Mood and anxiety symptoms*  
The disturbance is excessive and causes clinically significant distress and which substantially interferes with or limits the child's role or functioning in family, school, or community activities
  - Trauma symptoms:*  
Children experiencing or witnessing serious unexpected events that threaten them or others. Children and adolescents who have been exposed to a known single event or series of discrete events experience a disruption in their age-expected range of emotional and social developmental capacities. Such children may experience:
    - a disruption in a number of basic capacities such a sleep, eating, elimination, attention, impulse control, and mood patterns
    - under-responsivity to sensations and become sensory seeking, physically very active, aggressive and/or antisocial
    - under-responsivity to sensations but not sensory seeking and may shut down further and become lethargic or depressed and difficult to arouse
    - over-responsivity to sensations and become hyper-vigilant or demonstrate fear and panic from being overwhelmed
    - episodes of recurrent flashbacks or dissociation that present as staring or freezing
5. **Duration:**
- The disability must be expected to persist for six months or longer.

Appendix A  
 Serious Mental Illness (SMI) -Severe Emotional Disturbance (SED) Criteria

SMI-SED Category	DSM-V ICD-9	DSM-V ICD-10	Description
Neurodevelopmental Disorders	299.00	F84.0	Autism Spectrum Disorder
Neurodevelopmental Disorders	307.22	F95.1	Motor Disorder – Persistent (chronic) Motor or Vocal Tic Disorder
Neurodevelopmental Disorders	307.23	F95.2	Tourette’s Disorder
Neurodevelopmental Disorders	307.3	F98.4	Stereotypic Movement Disorder
Neurodevelopmental Disorders	314.00	F90.0	Attention –Deficit/Hyperactivity Disorder: Predominantly inattentive presentation
Neurodevelopmental Disorders	314.01	F90.1	Attention –Deficit/Hyperactivity Disorder: Predominantly hyperactive/impulsive presentation
Neurodevelopmental Disorders	314.01	F90.2	Attention –Deficit/Hyperactivity Disorder: Combined presentation
Neurodevelopmental Disorders	314.01	F90.8	Attention –Deficit/Hyperactivity Disorder: Other Specified Attention –Deficit/Hyperactivity Disorder
Neurodevelopmental Disorders	314.01	F90.0	Attention –Deficit/Hyperactivity Disorder: Unidentified Attention –Deficit/Hyperactivity Disorder
Schizophrenia Spectrum and other Psychotic Disorders	293.81	F06.2	With delusions
Schizophrenia Spectrum and other Psychotic Disorders	293.82	F06.0	With hallucinations
Schizophrenia Spectrum and other Psychotic Disorders	295.40	F20.81	Schizophreniform Disorder
Schizophrenia Spectrum and other Psychotic Disorders	295.70	F25.0	Bipolar type
Schizophrenia Spectrum and other Psychotic Disorders	295.70	F25.1	Depressive type

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<b>Schizophrenia Spectrum and other Psychotic Disorders</b>	295.90	F20.9	Schizophrenia
<b>Schizophrenia Spectrum and other Psychotic Disorders</b>	297.1	F22	Delusional Disorder
<b>Schizophrenia Spectrum and other Psychotic Disorders</b>	298.8	F28	Other Specified Schizophrenia Spectrum and Other Psychotic Disorders
<b>Schizophrenia Spectrum and other Psychotic Disorders</b>	293.89	F06.01	Catatonia Associated with Another Mental Disorder or Unspecified Catatonia
<b>Schizophrenia Spectrum and other Psychotic Disorders</b>	298.9	F29	Unspecified Schizophrenia Spectrum and Other Psychotic Disorder
<b>Schizophrenia Spectrum and other Psychotic Disorders</b>	301.22	F21	Schizotypal (Personality) Disorder
<b>Bipolar and Related Disorders</b>	293.83	F06.33	Bipolar and Related Disorders due to another medical condition. Specify: With manic features or with manic hypomanic-like episode
<b>Bipolar and Related Disorders</b>	293.83	F06.34	Bipolar and Related Disorders due to another medical condition– With mixed features
<b>Bipolar and Related Disorders</b>	296.40	F31.9	Unspecified
<b>Bipolar and Related Disorders</b>	296.41	F31.11	Mild
<b>Bipolar and Related Disorders</b>	296.42	F31.12	Moderate
<b>Bipolar and Related Disorders</b>	296.43	F31.13	Severe
<b>Bipolar and Related Disorders</b>	296.44	F31.2	With psychotic features
<b>Bipolar and Related Disorders</b>	296.45	F31.73	In partial remission
<b>Bipolar and Related Disorders</b>	296.46	F31.74	In full remission
<b>Bipolar and Related Disorders</b>	296.50	F31.9	Unspecified
<b>Bipolar and Related Disorders</b>	296.51	F31.31	Mild
<b>Bipolar and Related Disorders</b>	296.52	F31.32	Moderate
<b>Bipolar and Related Disorders</b>	296.53	F31.4	Severe
<b>Bipolar and Related Disorders</b>	296.54	F31.5	With psychotic features
<b>Bipolar and Related Disorders</b>	296.55	F31.75	In partial remission
<b>Bipolar and Related Disorders</b>	296.56	F31.76	In full remission
<b>Bipolar and Related Disorders</b>	296.89	F31.81	Bipolar II Disorder
<b>Bipolar and Related Disorders</b>	296.80	F31.9	Unspecified Bipolar and related disorder

Sources: *SMI Criteria 8\_19\_2015 approved by the Collaborative document, SED Criteria 8\_19\_2015 approved by the Collaborative document, and Desk Reference to the Diagnostic Criteria from DSM-5.*

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<b>Depressive Disorders</b>	296.99	F34.8	Disruptive Mood Dysregulation Disorder
<b>Depressive Disorders</b>	293.83	F06.31	Bipolar and Related Disorders Due to Another Medical Condition (80)–with depressive features
<b>Depressive Disorders</b>	293.83	F06.32	Bipolar and Related Disorders Due to Another Medical Condition (80) -with major depressive-like episodes
<b>Depressive Disorders</b>	293.83	F06.34	Bipolar and Related Disorders Due to Another Medical Condition (80) – with mixed features
<b>Depressive Disorders</b>	296.20	F32.9	Unspecified
<b>Depressive Disorders</b>	296.21	F32.0	Mild
<b>Depressive Disorders</b>	296.22	F32.1	Moderate
<b>Depressive Disorders</b>	296.23	F32.2	Severe
<b>Depressive Disorders</b>	296.24	F32.3	With psychotic features
<b>Depressive Disorders</b>	296.25	F32.4	In partial remission
<b>Depressive Disorders</b>	296.26	F32.5	In full remission
<b>Depressive Disorders</b>	296.30	F33.9	Unspecified
<b>Depressive Disorders</b>	296.31	F33.0	Mild
<b>Depressive Disorders</b>	296.32	F33.1	Moderate
<b>Depressive Disorders</b>	296.33	F33.2	Severe
<b>Depressive Disorders</b>	296.34	F33.3	With psychotic features
<b>Depressive Disorders</b>	296.35	F33.41	In partial remission
<b>Depressive Disorders</b>	296.36	F33.42	In full remission
<b>Depressive Disorders</b>	300.4	F34.1	Persistent Depressive Disorder
<b>Depressive Disorders</b>	311	F32.8	Other Specified Depressive Disorder
<b>Depressive Disorders</b>	311	F32.9	Unspecified Depressive Disorder
<b>Depressive Disorders</b>	625.4	N94.3	Premenstrual Dysphoric Disorder
<b>Anxiety Disorders</b>	293.84	F06.4	Anxiety Disorder Due to Another Medical Condition
<b>Anxiety Disorders</b>	300.00	F41.9	Unspecified Anxiety Disorder
<b>Anxiety Disorders</b>	300.01	F41.0	Panic Disorder
<b>Anxiety Disorders</b>	300.02	F41.1	Generalized Anxiety Disorder
<b>Anxiety Disorders</b>	300.09	F43.9	Other Specified Anxiety Disorder
<b>Anxiety Disorders</b>	300.22	F40.00	Agoraphobia
<b>Anxiety Disorders</b>	300.23	F40.10	Social Anxiety Disorder (Social Phobia)
<b>Anxiety Disorders</b>	309.21	F93.0	Separation Anxiety Disorder
<b>Obsessive-Compulsive Related Disorders</b>	294.8	F06.8	Obsessive-Compulsive Disorder Due to Another Medical Condition

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<b>Obsessive-Compulsive Related Disorders</b>	300.3	F42	Obsessive-Compulsive Disorder, Hoarding Disorder, Other Specified Obsessive-Compulsive Related Disorder, Unspecified Obsessive-Compulsive Related Disorder
<b>Obsessive-Compulsive Related Disorders</b>	300.7	F45.22	Body Dysmorphic Disorder
<b>Obsessive-Compulsive Related Disorders</b>	312.39	F63.3	Trichotillomania (Hair-Pulling Disorder)
<b>Obsessive-Compulsive Related Disorders</b>	698.4	L98.1	Excoriation (Skin-Picking) Disorder
<b>Trauma-and Stressor Related Disorders</b>	308.3	F43.0	Acute Stress Disorder
<b>Trauma-and Stressor Related Disorders</b>	309.0	F43.21	With depressed mood
<b>Trauma-and Stressor Related Disorders</b>	309.24	F43.22	With anxiety
<b>Trauma-and Stressor Related Disorders</b>	309.28	F43.23	With anxiety and depressed mood
<b>Trauma-and Stressor Related Disorders</b>	309.3	F43.24	With disturbance of conduct
<b>Trauma-and Stressor Related Disorders</b>	309.4	F43.25	With mixed disturbance of emotions and conduct
<b>Trauma-and Stressor Related Disorders</b>	309.81	F43.10	Posttraumatic Stress Disorder
<b>Trauma-and Stressor Related Disorders</b>	309.89	F43.8	Other Specified Trauma- and Stressor-Related Disorder
<b>Trauma-and Stressor Related Disorders</b>	309.9	F43.9	Unspecified Trauma- and Stressor-Related Disorder
<b>Trauma-and Stressor Related Disorders</b>	313.89	F94.1	Trauma- and Stressor-Related Disorder
<b>Trauma-and Stressor Related Disorders</b>	313.89	F94.2	Disinhibited Social Engagement Disorder
<b>Dissociative Disorders</b>	300.12	F44.0	Dissociative Amnesia
<b>Dissociative Disorders</b>	300.13	F44.1	With dissociative fugue
<b>Dissociative Disorders</b>	300.14	F44.81	Dissociative Identity Disorder
<b>Dissociative Disorders</b>	300.15	F44.89	Other Specified Dissociative Disorder
<b>Dissociative Disorders</b>	300.15	F44.9	Unspecified Dissociative Disorder
<b>Dissociative Disorders</b>	300.6	F48.1	Depersonalization/Derealization Disorder
<b>Somatic Symptom and Related Disorders</b>	300.11	F44.4	Conversion Disorder (Functional Neurological Symptom Disorder. Specify: with weakness or paralysis; or with abnormal movement; or with swallowing symptoms
<b>Somatic Symptom and Related Disorders</b>	300.11	F44.5	Conversion Disorder (Functional Neurological Symptom)Disorder. Specify: with attacks of seizures; or with special sensory loss

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<b>Somatic Symptom and Related Disorders</b>	300.11	F44.6	Conversation Disorder (Functional Neurological Symptom Disorder –with anesthesia or sensory loss)
<b>Somatic Symptom and Related Disorders</b>	300.11	F44.7	Conversation Disorder (Functional Neurological Symptom Disorder – with mixed symptoms)
<b>Somatic Symptom and Related Disorders</b>	300.19	F68.10	Factitious Disorder Imposed on Self, Factitious Disorder Imposed on Another
<b>Somatic Symptom and Related Disorders</b>	300.7	F45.21	Illness Anxiety Disorder
<b>Somatic Symptom and Related Disorders</b>	300.82	F45.1	Somatic Symptom Disorder
<b>Somatic Symptom and Related Disorders</b>	300.89	F45.8	Other Specified Somatic Symptom and Related Disorders
<b>Feeding and Eating Disorders</b>	307.1	F50.01	Anorexia Nervosa - Restricting type
<b>Feeding and Eating Disorders</b>	307.1	F50.02	Anorexia Nervosa– Binge-eating/Purging type
<b>Feeding and Eating Disorders</b>	307.50	F50.9	Unspecified Feeding and Eating Disorders
<b>Feeding and Eating Disorders</b>	307.51	F50.2 F50.8	Bulimia Nervosa (F50.2) Binge-eating Disorder (F50.)
<b>Feeding and Eating Disorders</b>	307.52	F98.3	In children
<b>Feeding and Eating Disorders</b>	307.52	F50.8	In adults
<b>Disruptive, Impulse Control and Conduct Disorders</b>	312.33	F63.1	Pyromania
<b>Disruptive, Impulse Control and Conduct Disorders</b>	312.34	F63.81	Intermittent Explosive Disorder
<b>Disruptive, Impulse Control and Conduct Disorders</b>	312.81	F91.1	Childhood-onset type
<b>Disruptive, Impulse Control and Conduct Disorders</b>	312.89	F91.8	Other Specified Disruptive Impulse-Control, and Conduct Disorder
<b>Disruptive, Impulse Control and Conduct Disorders</b>	312.9	F91.9	Unspecified Disruptive, Impulse Control and Conduct Disorder
<b>Disruptive, Impulse Control and Conduct Disorders</b>	313.81	F91.3	Oppositional Defiant Disorder – Specify current severity: Mild, Moderate, Severe
<b>Cyclothymic Disorder</b>	301.13	F34.0	Cyclothymic Disorder
<b>Persistent Depressive Disorder</b>	300.4	F34.1	Persistent Depressive Disorder - Dysthymia
<b>Personality Disorders [For which there is an evidence based clinical intervention available] for SMI</b>	301.83	F60.3	Borderline Personality Disorder



Appendix B  
Substance Use Disorder (SUD) Criteria

SUD Criteria	DSM-V ICD-9	DSM-V ICD-10	Description
<b>Substance-Related and Addictive Disorders</b>	292.9	F12.99	Unspecified Cannabis Abuse Disorder
<b>Substance-Related and Addictive Disorders</b>	303.90	F10.20	Alcohol Use Disorder – Moderate, Severe
<b>Substance-Related and Addictive Disorders</b>	304.00	F11.20	Opioid-Related Disorders – Moderate, Severe
<b>Substance-Related and Addictive Disorders</b>	304.20	F14.20	Stimulant-Related Disorder - Cocaine
<b>Substance-Related and Addictive Disorders</b>	304.30	F12.20	Cannabis- Related Disorder - Moderate, Severe
<b>Substance-Related and Addictive Disorders</b>	304.40	F15.20	Stimulant-Related Disorder – Other or unspecified stimulant
<b>Substance-Related and Addictive Disorders</b>	304.40	F15.20	Stimulant-Related Disorder – Amphetamine-type substance
<b>Substance-Related and Addictive Disorders</b>	304.50	F16.20	Hallucinogen-Related Disorder- Other Hallucinogen Use Disorder - Moderate , Severe
<b>Substance-Related and Addictive Disorders</b>	304.60	F16.20	Hallucinogen-Related Disorder –Phencyclidine Use Disorder – Moderate, Severe
<b>Substance-Related and Addictive Disorders</b>	304.90	F19.20	Other (or Unknown)Substance-Related and Addictive Disorders - Moderate, Severe

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